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Drug Induced Sleep Endoscopy With and Without Nasal Obstruction

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This presentation will discuss the results of Drug Induced Sleep Endoscopy in 26 patients who failed CPAP, ½ of whom had previous surgeries for OSA, and ½ of whom did not. We utilized a modification of the VOTE (Velum, Oropharynx, Tongue, Epiglottis) scoring system with the modification of measurements with the Nose “open” and the nose digitally “obstructed”. (VOTE-NO) The most common site of Obstruction was the velum/oropharynx, both in patients who had previous surgery and in those that did not. The base of tongue was the least common site of obstruction. Most patients had multi-level obstructions. Implications for surgical planning will be discussed.

Biography

Jacquelynne Corey has earned a national reputation for her expertise in the diagnosis and management of allergies. As director of the ENT Allergy Program, Corey combines her medical interest in allergic and non-allergic rhinitis with her proficiency in sinus, nasal, snoring and voice surgeries. One of her primary interests is voice evaluation and treatment particularly for professional voice issues such as for singers, lawyers, and teachers. Dr. Corey is the medical director of Otolaryngic.

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