

OBESITY AND OTORHINOLARYNGOLOGY

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Introduction: Overweight and obesity are defined as abnormal or excessive fat accumulation that may impair health. In 2014, 39% of adults aged 18 years and over (38% of men and 40% of women) were overweight. The worldwide prevalence of obesity more than doubled between 1980 and 2014. Obesity can influence whole the body including ear, nose and throat.

Overview of the course: The course will discuss diagnosis and classification of obesity, the causes, pathophysiology and systemic health hazards of obesity. The course will reveal the influence of obesity on the diseases of the ear, nose and throat as well as the diseases that obesity plays an important role in its etiology. The attendees will learn the importance of the obesity in our daily practice: systemic hazards of obesity on the human; obesity as a risk factor in the etiology of some ENT diseases; how obesity and overweight influence the diseases of ENT, counselling the obese patients before general anaesthesia. At the end of the course the attendees will be able to: diagnose and classify overweight and obese patients; know systemic and ENT hazards of obesity; risks of general anaesthesia on obese patients.

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