

# INTERNATIONAL MICROFLUIDICS CONGRESS

&

International Conference on

# ADDICTION RESEARCH AND THERAPY

August 13-14, 2018

San Diego, USA



## Scott H Silverman

CEO/Founder at Confidential Recovery, USA

### Family crisis - Relationship crisis - Addiction crisis

No two-crisis situations are the same. They vary by family, individual, and relationship. They can encompass complex family dynamics, emotional distress, anger issues, and entitlements and often involve substance abuse.

- Many times these crisis situations involve:
- A destructive family member
- Addiction or drug abuse
- Unhealthy relationships
- Marriage that is on the rocks
- A grown child or teen refusing to adapt to life's challenges

Most importantly, they are starting to spiral. It's time to get help. One thing they all have in common: well-meaning

individuals such as yourself feel hopeless, frustrated, and trapped. You feel like you've done everything you can to remedy the situation, but things aren't changing. Or they are getting worse. Crisis coaching helps you and your loved ones get back on track. I step into a high-stress situation in order to help get everyone unstuck. This involves an intensive look at your current situation and all the factors involved. My goal is to equip you and your loved ones with the tools, support, and direction to move forward. Unlike traditional counseling, this is not a long-term endeavor. I work with you until we have successfully navigated your current situation and you are confident in your abilities to go forward.

**My Approach:** Crisis coaching is an in-depth, no nonsense method to quickly assessing your crisis situation and charting a path to move forward.

### Biography

Scott H Silverman leads others to recovery with empathy. Thirty years ago he was on the edge. Struggling from addiction, considering suicide, and feeling like things were unraveling. He was at rock bottom. The day after trying to kill himself, he lew home and immediately entered treatment. He lived the embarrassment, fear, and helplessness surrounding addiction. And he has come out the other side whole. Today, Scott gets to give back. He is now 31 years sober, working to empower others on their journey. He gets results.

[ssilverman@confidentialrecovery.com](mailto:ssilverman@confidentialrecovery.com)

### Notes: