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The relation between Egyptian nutritional factors and multiple sclerosis

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No single environmental exposure has been consistently identified as a causal factor in MS. It has suggested that dietary habits and lifestyle may play a role in the etiology of MS. And influence on the course of the disease as may exacerbate or ameliorate MS. Symptoms by modulating the inflammatory status of the disease both in relapsing-remitting MS. And primary progressive MS by controlling both the metabolic and inflammatory pathways in the

human cell. This study generally supports a protective role for antioxidant and increase the risk of MS with fat consumption. Nutritional factors and lifestyle may have a significant role in the etiology, pathology and prognosis of MS. Nutritional intervention is a vital component in the overall management of patients with MS.

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