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George Grant

World Organization of Natural Medicine, Canada

Evaluating thermotherapy using the amethyst bio belt and the infra red negative ions amethyst bio mat in 12 subjects to reduce fat, pain and stress over 3 months

The amethyst bio belt was used by 12 subjects for one hour three times per week as well as using the amethyst Bio Mat during sleep daily over 3 months period. We used two different biofeedback devices to measure pain reduction, BMI [body mass index] to measure fat reduction and blood cortisol levels to measure stress reduction. The Bio belt and the Far Infra-Red/Negative Ions Amethyst Bio Mat reduced pain by 18% and reduced BMI by 10% and reduced Stress by 82% of 12 subjects in 3 months as validated by Pre and Post Biofeedback Brain Scans as well as fasting blood test to measure the stress hormone cortisol. Thermotherapy was enhanced when the bio belt was combined with the bio mat use during sleep to reduce stress, pain and abdominal fat. The bio-belt made from the amethyst is a small bio mat wrapped around the abdomen to reduce abdominal fat and around the back to reduce pain and stress. The Bio Mat technology is a combination of far infrared rays, negative ion effects and the conductive properties of amethyst channels. These three powerful health stimulators are combined in a single, easy-to-use product with remarkable healing properties. The Bio Mat delivers soothing, deep-penetrating heat while stimulating the regeneration of damaged cells in the body. It's a safe and natural way to achieve optimal health now and maintain a stronger, more resilient body in the future. The combination of the bio-belt and the bio mat is a highly effective thermotherapy available to medical professionals and home consumers who want to reduce pain, stress and abdominal fat. The Bio Mat is an approved medical device by FDA.

Biography

George Grant, who is known as The Caring Doctor, is considered the Canadian authority in integrative medicine and a wellness ambassador. He is an expert in biofeedback, stress, anti-aging and natural pain management. He is the founder & CEO of the Academy Of Wellness. He enjoys a stellar academic and a fascinating career in research. He is a Scientist, Professor, Chemist, Toxicologist, Nutritionist, Biofeedback, Stress management and a Pain specialist. He worked as a Senior Consultant for Health Canada, FDA and CDC as well as in private practice. He has helped 6000 clients naturally worldwide including clients at Sunnybrook hospital in Toronto to recover naturally from clogged arteries within few months. He has helped fortune 500 companies, nonprofit organizations and Olympic athletes along with 5000 clients worldwide. He has over 100 published articles, conference presentations, book reviews and 10 best selling books/ DVDs.

dgrantwellness@gmail.com

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