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### Acupuncture treatment for migraine

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**Background and aims:** Acupuncture is medical science that deals the study and recording the informations to the organism in the specific points. This Acupuncture Points help us also in the treatments and diagnostic. The number of the Acupuncture points in our body is 657 points. Only ear-auriculo has more than 200 points. Stimulation of these points helps relieve the pain. Treatments are so effective and all natural. Migraine is the disease with psycho motoric origin. Treating is with painkillers or Analgesics but out results. Acupuncture has given results in Europe and in the entire World for migraine pain and other neurological disease. This study will show to you results in small clinical conditions.

**Methods:** Successfully treated patients with headaches-Migraine with the special points of pain like L4 ST 44 DU 20 , local points , distal points etc. Electro-stimulation was done for 20 min with the frequencies up to 1000 Hz. Investigated patients was

50,8 male ,42 female, most of them had 10-35 years of pain. N=50 7 had a pain along the UB Meridian M=826 had the pain along the GB Meridian F=427 had the pain along the ST Meridian.

**Results:** The patients was treated 3 time pro week and in the cycle 10-12 Treatments 26 patients was treated with only one treatment 2 treatments was enough for 18 patient 6 from them needed more than 3 treatments, all treatments for all patients was in Total : 15,6 treatments. After Treatments 30 patients was out pain. 14 patients were feeling much better. Only 6 of them were out improved. After 6 months in 60 % of them the pain was not received.

**Conclusion:** In European Union the Acupuncture is very familiar and is practiced in many clinics in Public Health.The investigated patients who was treated in our clinic was before treated props with medicines. It remains that this Medical Science will be applied in Kosovo and Region.

### Biography

Rabit Sadiku has completed PhD in Acupuncture Colombo, Sri Lanka in 2006. She also earned FIAMA, Arizona, US in 2010 and awarded for Peace, cooperation and Solidarity 2008, UNITED NATIONS in 2008. He has participated in many International Congresses and Conferences. Currently he is the Director of Aku Center Kosovo & Albania. His research Interests are acupuncture, traditional medicine, peace.

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