

International Conference on

WOUND CARE, TISSUE REPAIR AND REGENERATIVE MEDICINE

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8th World Congress on**BREAST CANCER MANAGEMENT AND THERAPY** June 14-15, 2018 | London, UK

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*International University of Health and Welfare, Japan***Nursing relativity: Prevention and management of pressure ulcers**

Many scientists suggest that movement is a fundamental rule of survival. It means that we are exercise-dependent life forms. It is reported that we always move to get power from the gravity. We are always capable of experiencing body balance through gravity. Nursing related to patients' static and dynamic support are usual in clinical care settings. Prevention and management of pressure ulcers (mattress management, positioning, transfer, walking assistance etc.), and support for rest are frequent basic supports for patients. On the other hand, the problem of physical restraint is also related to the complex topic of patients' safety and prevention and management of pressure ulcers. To support maintenance and improvement of patients' health and provision of safety, there exists a mutual structure between patients and medical personnel who always have a role and certain rules and obligations that affect both. The principle is that sound mutual co-operation between patients and medical personnel is healthy, as everyone benefits from it, and there is a 'flow' in communication. It is important that their interaction continues and is a reciprocal experience for both, patients and the professionals. However, if the roles, rules, and obligations of the medical profession are conducted

in unilateral way, the interaction between patients and nurses becomes a one-way communication, and its flow disrupted. When prolonged, this feeling of discord may become habitual and thus, normal. Because senses are caused by differences. To support patients' autonomy and satisfaction of soul needs, care is needed to make energy flow between caregiver and caretaker in the process. What is dignity in care? Based on various research data, nursing relativity in prevention and management of pressure ulcer will be discussed using example of Kinaesthetics studies.

Speaker Biography

Hiroko Tadaura is currently working in Graduate School of Nursing and Rehabilitation Science in International University Health and Welfare Graduate School, Tokyo, Japan. Professor. Dr. Hiroko is also working as part-time Professor at Graduate School of Medicine, Tohoku University, Miyagi, Japan. She did research as guest researcher in School of Nursing Science in University of Witten/Herdecke, Witten, Germany in 2008-2011; senior guest researcher in School of Nursing Science in University of Witten/Herdecke, Witten, Germany in 2012-2015. She graduated from Tohoku University Graduate School of Medicine (Ph.D. in Medicine). A Member of European Kinaesthetics Association, German Branch. IOS New Scholar Award of Self-Care Dependent-Care Nursing, International Orem Society, USA in 2014.

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