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TRADITIONAL & ALTERNATIVE MEDICINE

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Traditional and integrative medicine for oncology and chronic diseases

In this presentation we will talk about Tumors and Cancers. Preventions and alternative therapies: Given the transcendental importance of the cancer disease and the great efforts that are made to eradicate it or at least palliate a little the suffering of those who suffer it; we focus on this work in the theories, preventions and therapies that Traditional Chinese Medicine offers to humanity with the sublime purpose of contributing its bit in this battle against the most dangerous diseases that afflict humans. The MTC makes use of effective methods that control diseases; it has been using techniques, strategies and theories for millennia with magnificent results. It makes use of dietetics, phytotherapy, acupuncture, which have had a wonderful reception in all latitudes where they have been applied. In chapter I, Know the tumor and cancer, Traditional Chinese Medicine, Yin-Yang theory, theory of the five elements and organs, five flavors and dietetics. Chapter II mentioned the theory on the system of the five movements of Traditional Chinese Medicine, wood-fire-land-metal-water and its law of generation or transformation and law of dominance, law of counter dominance and five flavors. Chapter III mentioned on the application of the system of the five movements of Traditional Chinese Medicine (TCM) their dietetics, diagnosis in TCM, diagnostic techniques, therapeutic techniques, dietetics, herbal medicine and acupuncture. Chapter IV mentioned about prevention and alternative therapies on the theories of the five elements, and with some tips to avoid the appearance of cancer.

In conclusion, the most important thing is to call attention to the current society that is mostly going through highly critical moments; she is sick, insecure, stressed and full of anguish. This leads us to think about the students of the subject, that it is necessary to try harder and try to find the meaning and purpose of life. We must build a philosophy to accept the character of nature, respect the multiphase and fraternize with all living beings. Therefore, alternative medicines will allow us to design an integrative environment that offers patients an opportunity to acquire holistic health and raise the quality of life. As a scientist it is our great responsibility. Through understanding and integration, all the barriers that have prevented so far humans being more efficient in the search for a promising future can be eliminated.



Biography

Milagrosa Chiu Shieh Liu has completed her Doctor degree in Naturopathy in 2000 from Trinity College of Natural Health, Indiana, USA. She has studied the Doctor degree of TCM from Chang Chung University of Traditional Chinese Medicine China. Presently, she is the Global Affairs Officer of COMFORT Healthy Technology Co.,Ltd. She has presented in more than 30 international conferences in Asia and Latin American countries. She has been serving as a Psychologist, Nutritionist and Host & Columnist in the program of alternative integrative medicine of CNR/CRI in China and Central TV in Rep Dominican.

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