

International conference on

# WOUND CARE, TISSUE REPAIR AND REGENERATIVE MEDICINE

October 29-30, 2018 | Amsterdam, Netherlands



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### Larval therapy: Little can be big

In the 1990s, when the crisis in antibiotic therapy was observed, the medical community began to return to the methods known and popularized by folk medicine - larval therapy. For a long time, it was believed that the main task of maggots is to mechanically clean the wound of a dead tissue. Nevertheless, today we know that larvae dressing, as the only one, affects all stages of wound healing - the popular TIME. In all types of wounds, the use of larvae dressings significantly reduces the time until the wound heals completely. It is the comfort and quality of a patient's life; it is also a pure economy. Considering

the advantages of larval therapy, one must also mention the problems with its application. Sadly, difficulties with an access to dressings, specific and demanding care conditions, unpleasant feelings of both patients and staff cause that this therapy is still not very popular. Following the statement that "It is not important what one puts on a wound, but what one removes from it", presenting the time and effects of wound healing, determining the indications for the use of dressings in a closed or open form, I highly recommend this method as the most and extremely effective.

### Biography

Aneta Zymon is the founder and CEO of AZ MED Sp.o.o, a nurse and wound specialist. She founded and manages the Center for Treating Pain and Wound in which the interdisciplinary team deals with the treatment of chronic pain and wound healing. In her practice, she promotes the natural treatment of wound healing using *Lucilia Sericata* larvae. In the effective treatment of wounds, she is guided by a holistic approach to a patient and a lot of empathy. She pays attention to the fast and effective healing of all types of wounds.

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