

3rd International Conference on

Spine and Spinal Disorders

June 11-12, 2018 | London, UK



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Personal experience and views concerning ACDF

Even with and in the presence of motion-preserving options, anterior cervical discectomy and fusion (ACDF) still occupies and offers the technique or method of choice for many patients with cervical-spine degenerative conditions. Based on my own personal experience, supported by a surgical video, the fundamental considerations will be addressed of why this technique still remains the golden standard in a large collective of patients. Clear patient-pathology findings in relation to possible technical options need to be critically taken into consideration and not just be decided based on the new or more appealing market innovations.

Biography

Walter Bini completed his Diploma from Westminster School, Simsbury Connecticut, USA and his Post-graduate Degree from Universidad de Zaragoza, Facultad de Medicina, Zaragoza, Spain. In 2014, he became the Middle East Chairman of ISLASS. He was the Head of Neurosurgery at Sheikh Khalifa General Hospital, UAQ-UAE from 2014–2016. Currently, he is the Lead Neurosurgeon responsible for Spinal Surgery in the Waldkrankenhaus for Special Surgeries by Leipzig in Germany and also Visiting Consultant Neurosurgeon of the Orthopaedic Department of Healthpoint Hospital in Abu Dhabi, UAE.

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