3<sup>rd</sup> World Congress on

## MIDWIFERY AND NEONATAL NURSING

September 26-27, 2018 | Chicago, USA



## Karen H Strange

Integrative Resuscitation of the Newborn workshop, USA

## The baby's experience of birth: Practices for healing and repair, regardless of where birth occurs

There is an embryological blueprint for what happens at birth (and before) for the baby on all levels of their being, physiologically, psychologically and emotionally. An awareness of this blueprint creates a new conceptual framework for what is embedded in the process of birth. Once you are aware of the sequence of events that occurs spontaneously throughout the process of gestation, labor, birth and beyond (a sequence that all mammals follow) you will have a glimpse of how birth was "set up to work in case no one was there". When interruptions or interruptions occur in the sequence of birth a profound imprint is left which impacts how we come into relationship with everyone we meet, with ourselves, and how we live our lives daily. Specific methods are taught for healing, repair and integration.

## **Biography**

Karen H Strange is a Certified Professional Midwife (1996), American Academy of Pediatrics/Neonatal Resuscitation Program Instructor (1992). She is founder of the Integrative Resuscitation of the Newborn workshop, which includes the physiology of newborn transition. She teaches the "when, why and how" of helping newborns that are either not breathing or not breathing well, with incredible clarity. She helps the provider have a sense of what the baby is experiencing which leads to a more appropriate response to newborns in need. Karen has done over 900+ hours of debrief/case reviews regarding resuscitation. She is an international speaker and has taught over 9,000 people worldwide. There are many neonatal resuscitation instructors but Karen teaches practical neonatal resuscitation, regardless of the place of birth. And her teachings instill a strong sense of confidence and competence in providers, so they can respond in the least traumatic way.

Karen@karenstrange.com

Notes: