

World Congress on
Pharmacology and Chemistry of Natural Compounds
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Can you pronounce it? Natural compounds in daily life are better alternatives to synthetic ones

Diana Marie

Natural Products Industry, USA

The presentation will focus on natural medicines, plant medicine, natural supplements, organic foods, daily management, prevention for acute and chronic conditions. The presentation includes informative slides, a pronunciation of "Notice This on Labels" lesson, and a Smile-For-Health session. The advantages to natural compounds vs. synthetic ones will be discussed. This includes the simple, non-invasive and effective non-toxic use of natural compounds for nutritional support and whole-body maintenance. Emphasis will be placed on the effective, accessible, economical and safe use, with minimal interactions, of these natural compounds vs. synthetic ones; safe for humankind, animals, water, earth and air. Specific examples of herbal medicines and supplements for the following common ailments will be included: Inflammatory conditions, digestive and respiratory disorders, mental health maladies and stress. Additional measures will be emphasized on the 5 best daily natural medicines for maintenance and prevention. The presentation concludes with A Smile Session.

Biography

For the last quarter of a century, Diana has been passionately involved in all things natural. From being an educator and Master Herbalist to living off the grid for eight years, Diana is astutely aware of the natural world, while at the same time acting as a communication bridge between consumers and natural products. Her motto has always been "Food is Medicine;" and while supporting local farmer's markets and organic farming, she has dedicated herself to educating consumers about healthier choices in what they consume and what they believe. Diana's unique life experiences, education, and communication skills have given her the keen ability to take complex scientific information and present it in a way that is highly digestible

frhi@earthlink.net

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