

ANNUAL EPIGENETICS CONFERENCE

&

International Conference on

November 28-29, 2018 | Tokyo, Japan

MECHATRONICS, AUTOMATION AND SYSTEMS ENGINEERING

A study to compare efficacy of metformin-glimepiride versus metformin-teneligliptin type II diabetic patients

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Diabetes mellitus relates a metabolic disorder of collective aetiology which is characterized by chronic hyperglycaemia caused due to disturbances of carbohydrate, lipid and protein metabolism due to impaired β cell function of pancreas or insulin resistance or both. Biguanides and Sulphonyl ureas are the most commonly prescribed drugs due to their efficacy And safety. A total of 60 patients were enclosed in the present study who met the inclusion criteria. They were divided into two groups based on their treatment plan-Group A and Group B. The Group B ($P=0.001$) exhibited a significantly greater reduction in HbA1c as compared to Group A ($P=0.002$). The reduction

in FPG and PPG were also found to be significantly more in The Group B. In the present study, we observed that patients on Metformin-Teneligliptin Exhibited better control over glycemic profile as well as lipid profile when compared to patients who are on Metformin Glimepiride combination. Since this study was conducted in less number of patients, to make consecutive remarks about the superiority of either of the treatment regimen, further more analysis of clinical trials required for appropriate selection of best combination of anti-diabetic medication.

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