

8th Global Summit on
NEUROSCIENCE AND NEUROIMMUNOLOGY
August 27-28, 2018 Madrid, Spain

Butterfly warrior: Introspection on the physical, mental, social and emotional aspects of men with systemic lupus erythematosus

Melanie Andrae M Seno, Lyanne Iris G Erlano, Aldrin Mitchell B Macatangay and Lira Kale S Pajarillo
Manila Science High School, Philippines

Medicine is a field in science that concerns itself to the improvement of an organism's well-being by having a catena to the field of healthcare. It is a branch of science which treats diseases and unriddles illnesses which have no available cure like autoimmune diseases, like lupus. Lupus or Systemic Lupus Erythematosus (SLE) is a disease where the immune system attacks the body's own cells mistaking it for a foreign aggregate of a person's body that usually targets the female population. Due to this, many researches of this disease have focused mainly on female lupus cases, leaving the affected male population with little knowledge about their case and about themselves. As part of the research enterprise, introspection among the physical, mental, emotional and social aspects of a male lupus patient was done to promulgate information about the accordant aspects of a person's self and to see any effects of the disease to the manliness of a male lupus patient. The research was conducted through in-depth interviews and email interviews of one male lupus patient, having open-ended questions as its cornerstone being a case study. Results of the research were accomplished by sense-making, which furthered the knowledge of male lupus patients being physically deduced, mentally polished, emotionally reliant to god and family, socially selective and still relevantly male.

melanieaseno@gmail.com