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The serum amyloid β level in multiple sclerosis: A case-control study

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Background: Multiple Sclerosis (MS) is one of the most common autoimmune diseases in adults that cause disability in patients. Different studies were conducted on the more rapid diagnosis of the disease such as measuring serum or Cerebrospinal Fluid (CSF) contents.

Objectives: The current study aimed at measuring Amyloid β ($A\beta$) serum levels in patients with relapsing-remitting MS.

Materials & Methods: In the current case-control study, the serum levels of $A\beta$ were measured in 48 patients with RRMS and 33 healthy controls using the Enzyme-Linked Immunosorbent Assay (ELISA) technique in Isfahan, Iran, from 2014 to 2016. Data analysis was conducted with SPSS.

Results: The mean serum level of $A\beta$ in the case (patients with RRMS) and control groups were 192.75 ± 125.65 and 128.11 ± 85.20 pg/mL, respectively; so serum $A\beta$ levels in the RRMS group was significantly higher than healthy controls ($p=0.02$). Also, there was a significant positive correlation between the serum $A\beta$ levels and the Expanded Disability Status Scale (EDSS) ($r=+0.85$, $p<0.0001$).

Conclusion: Owing to the increase of serum $A\beta$ level in patients with RRMS and its significant increase in severe MS cases (higher EDSS scores), so serum $A\beta$ level can be considered as a marker for MS and its progression.

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