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Bichectomy: a small and simple intraoral surgical procedure with great facial results

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Nowadays bichectomy is the esthetic facial procedure most frequently performed surgery in countries like Brazil, USA, Japan, Venezuela and Mexico. The procedure described had been around since 1980, the technique became very popular, thanks to social media. This technique consists of the intraoral elimination of an encapsulated adipose tissue (Bichat's fat pad). It is located within the face between two muscles. When it is removed, the effect is discreet, yet provides the desired "The Blush Mark". This procedure is for both men and women, even with ideal weight present and have existing big cheeks and round face. The intention is to lengthen, outline, and establish facial contours providing gains on self-esteem. Bichectomy is also indicated to treat facial asymmetries and for patients that bite the inside of

their cheeks. In facial harmonization, the bichectomy is value procedure, since it provides as marked and dominant mandible, as well as powerful and sensual impression, which are highly valued characteristics.

Speaker Biography

Simone de Lucas is a Doctor of Dental Surgery. She has completed her graduation at Dentistry School, Universidade de Mogi das Cruzes (UMC- SP, Brazil). She is the Member of the Brazilian Society of Botulinum Facial Implants and Brazilian Academy of Orofacial Aesthetics. She has national reference in Bichectomy. She has completed her Post-graduate courses in Butolinicum toxin; Facial fillers and Bichectomy carried out in fresh human cadavers (Miami Anatomical Reserch Center- MARC, Miami US). Currently, she teaches Bichectomy in Instituto Brasileiro de Odontologia e Pesquisa (IBOP), Faculdade do Centro Oeste Pinelli Henriques (FACOPH).

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