

# 4<sup>TH</sup> WORLD DENTAL CONGRESS

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### **Recurrent aphthous stomatitis: Overview and suggested management modality in pediatric dentistry**

Aphthous ulcers also known as recurrent aphthous ulcers, aphthous stomatitis, recurrent aphthous stomatitis [RAS], or canker sores; are a common oral mucosal disease. They are ulcerations with no known cause and a wide spectrum of severity and frequency of recurrence. Clinically, RAS has different presentations. It can consist of solitary or multiple ulcers, usually on the non-keratinized oral mucosa. It has been proposed that aphthous ulcerations represent an autoimmune reaction

and may be precipitated by stress or hormonal changes. I will be discussing the importance of right diagnosis and monitoring with a specific scoring system. I will discuss as well the predisposing factors, the microorganisms implicated in aphthous ulcers as well as different treatment modalities for the pediatric patient. I will discuss the clinical presentation of this condition together with the current views on the aetiology and pathogenesis of the disease.

#### **Biography**

Dania Siddik is a consultant pediatric Dentist based in London specialises in the management of dental injuries, sedation and general anaesthesia for anxious children and oral surgery. In addition to practising dentistry, she also held a position teaching both undergraduates and post graduates at the King's College University pediatric dentistry department. She is a regular examiner for the MJDF and ORE courses at the Royal College of Surgeons of England.

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