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The integral attention to the syndrome of the buccal breather with an approach to the sleep apnea hypopnea syndrome (SAHOS) and orthodontics holistic-occluso-postural

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Sleep Apnea affects both children and adults, often being undervalued both clinical and social consequences. To describe the basic features of the syndrome and the relationship that the specialty of orthodontics with an integral attention and different integral therapeutic offers; to present a case-report and to define the necessity of multidisciplinary-therapeutic. A literature review is conducted in automated databases systems to begin an made integral orthodontics care to the patients smaller than 9 years that present the syndrome of breathing for the mouth, and we continue developing treatments to the-SAHOS. Presentation of case-report. Sleep Apnea Hypopnea Syndrome bring associated a considerable decrease in quality of life with progressive deterioration of the patient's health and affects considerably the maxillofacial development and general physical development of children. Its diagnosis

and treatment must be performed by a multidisciplinary team. The presentation of all with respect to the proposed pathology and a case is presented with favorable results. The orthodontist must have full knowledge of existing diagnostic tools and the variety of treatments available to them. Although he can not diagnose or treat the syndrome alone, should be an active part of the multidisciplinary team. Satisfaction with the treatment received for patient and family, we observe an improvement of the facial aesthetics and normal occlusion, incisors in relationship normal, good relationship of inclined planes, the improvements in general posture, the sphere of the interpersonal relationships and of the patient's personal development. For all it was a great challenge professional.

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