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The five steps concept: A new approach in orofacial harmonization

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In recent years, several techniques have been improved or emerged to promote, within dentistry, the orofacial harmonization. Among this technique, we can mention the use of phototherapy associated with cosmetics, as activating agents of skin activity, the use of hyaluronic acid as filling biomaterial, the use of platelet rich fibrin (PRF) as inducer of neo collagen geneses and the use of polydioxanone wires (PDO WIRES) as tractor agents besides many others. The purpose of this presentation is to introduce a multidisciplinary approach that intends to potentiate the various techniques for a better result in the aesthetic treatment and skin rejuvenation.

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