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Coping mechanisms of Philippine students' left behind by OFW parents

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Students nowadays are experiencing school life without the presence of their parents. While many children have shown a decline in classroom performance while parents are away, many were also found to have performed excellently through various mechanisms. This study employed descriptive-correlational research design to investigate the influence of coping mechanisms towards the academic performance of students with OFW parents. A survey was conducted to students who were academically high performing for the school year 2013-2014 and 2014-2015. Survey questionnaires were given to 142 students from Catholic schools in Davao del Sur while Key Informant Interviews were done to another ten students. Using Multiple Regression Analysis, it was determined that of the eight coping mechanisms tested only three were found to be significant, namely: active coping, planning and the use of instrumental support. Based on the findings, it is recommended that schools must define policies that would support the creation of a separate program for students with OFW parents with an emphasis on the significant predictors.

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