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Relationship between community functioning of patients having schizophrenia with their subjective well-being and self-efficacy

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Background: Patient's with schizophrenia shows scarcity in various spheres of cognitive function which affects their community functioning, subjective well-being and self-efficacy. Only clinical measures for determining the total recovery of a patient with schizophrenia will not be enough, to ensure their complete functioning.

Aim: To explore the relationship of community functioning of people having schizophrenia with their subjective well-being and self-efficacy.

Methodology: A cross-sectional survey was done on 30 adult patients having schizophrenia in remission phase at a tertiary care hospital in Delhi. Ethical permission was obtained. Tools: Lawton instrumental activities of daily living scale and the UCSD performance-based skills assessment (UPSA-BRIEF) scale, WHO-5 well-being scale and generalized self-efficacy scale by Schwarzer and Ralf were used.

Results: Most of the patients were male (63%), mean duration of illness was 11.35 ± 9.31 years, mean duration of treatment was 9.56 ± 9 years, 70% had issues with the treatment regimen and 93% of them were getting atypical anti-psychotics. Although, patients were in their remission phase still they had poor community functioning, poor subjective well-being and lower self-efficacy. Self-efficacy is negatively correlated with total duration of illness and total duration of dysfunction. Self-efficacy was higher for those with higher educational status and compliance. High community functioning and self-efficacy was positively correlated.

Conclusion: The subjective well-being and self-efficacy of patients must be assessed separately and not to be confused with activities of daily living in order to improve both psychological and social impairments and carry out interventions to enhance the social functioning and quality of life of patients.

Biography

Laxmi Kumari is currently pursuing her final year of Post-graduate course in Psychiatric Nursing. She holds more than 10 years of Clinical experience.

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