

13th International Conference on

Psychiatric-Mental Health Nursing

October 03-04, 2016 London, UK

Exploration of the needs of carers from hospital based-mental health services in Indonesia

Herni Susanti, Karina Lovell and Hilary Mairs
Universitas Indonesia, Indonesia

One of the major issues of mental health provision in Indonesia is related to services for carers of people with serious mental illnesses. Very basic and limited services have been offered to the carers. Understanding the needs of Indonesian carers is of key importance before developing appropriate interventions for them. The study is one of series of PhD study, aimed for exploring the needs of carers from mental health hospital services in Indonesia from the perspectives of carers and service users. Focus groups with carers and service users were undertaken to explore the needs of Indonesian carers and how mental health hospital services could help to meet those needs. In total, 9 focus groups were conducted, 7 with carers (n=33) and 2 with service users (n=13). All carer and service user participants were recruited from 2 government mental health hospitals in the capital city of Indonesia. The data were analyzed by using framework analysis, and resulted in 4 themes: Experiences in caregiving, carer needs from mental health hospital services, current support for carers and recommendations for service improvement. The findings were valuable resources to aid in the design of a need-based and culturally sensitive intervention for carers in the country.

herni-s@ui.ac.id

The importance of trauma in psychiatric practice

Jon Laugharne
University of Western Australia, Australia

Psychological trauma early in life is increasingly being shown through research to have aetiological significance across the range of psychiatric diagnoses, including anxiety disorders, mood disorders, personality disorders and the psychoses. Furthermore, the need for psychiatric services to involve a trauma-informed approach to avoid re-traumatization of patients is being acknowledged by leaders in the field. In this presentation I will summarize the evidence underpinning these developments and outline the psycho-biology of psychological trauma, how it relates to major diagnoses and how it can inform new and innovative approaches to management and treatment within mental health services.

jonathan.laugharne@uwa.edu.au