

28th International Conference on

FAMILY NURSING & HEALTHCARE

September 11-13, 2017 San Antonio, USA

Creation of a discussion based curriculum for hypertensive patients in primary care using interactive conversation maps

Diane Ames

Concordia University, USA

This interprofessional project was piloted in a mid-western primary care clinic with an underserved African American population. Four conversation maps and facilitators guides were developed and implemented with learners from nursing, medicine, pharmacy, athletic training, nutrition, and art with oversight from faculty and volunteers. The curriculum topics included overview of hypertension, nutrition, medication, and lifestyle interventions including stress, tobacco, and exercise. This project was divided into two phases; the first phase included content on team building, health literacy, racism in medicine, roles, education, and scope of practice for the team members along with patient recruitment. The second phase included implementation of the program which included four educational sessions and one focus group. Thus far, two small cohorts have completed this educational program. The post intervention surveys demonstrated an improvement in quality of life and self-efficacy scores while the biometric data revealed mixed results.

Biography

Diane Ames is an Associate Professor in the Family Nurse Practitioner and Adult Gerontology Primary Care tracks at Concordia University. She is also a Co-Director of Graduate Nursing Programs at Concordia University. Her practice hours are at a large mid-western health care system in urgent care. Additionally, she coordinates two interprofessional primary care projects including Diabetes and Hypertension in an underserved clinic.

diane.ames@cuw.edu

Notes: