

35TH GLOBAL NURSING CARE & EDUCATION CONFERENCE

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Say “bye-bye” to provider burnout

While most healthcare providers spend many years learning to care for others, little to no time is dedicated to effective stress management and prevention of burnout. In an effort to mitigate her own burnout symptoms, Dr. Simone has researched and developed practical, easy to implement self-care steps and prevention measures to help manage daily life in the medical field. She has identified and devised actionable ways to decrease exhaustion, stress, and the ever looming ‘burnout’ healthcare providers can fall prey to. Incorporating unique personal and professional development best practices for providers, Dr. Simone has helped healthcare professionals all over the world live more full lives. Be prepared for industry-leading information delivered with interaction, high energy and memorable tactics! “I will either see you AT the top, or FROM the top. You decide!” - Dr. Simone Josey.

Biography

Simone Josey, is a practicing physician, keynote speaker and published author in the field of Customer Service Skills and Professional Development. She received her DPM and MPH degrees from Barry University in 2008. She has been a professional Speaker for over a decade and has been practicing medicine for the nearly the same. Her developments and implements best practices in enhancing the patient experience and engagement. For healthcare professionals, she trains on excellence, efficiency and ways to improve one's quality of life. National and international audiences describe her presentations as witty and thought-provoking. She has been featured on television, radio, online and in print publications.

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