

3rd International Meeting on **NURSING RESEARCH AND EVIDENCE BASED PRACTICE**

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International Conference On **DIGESTIVE DISEASE**

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Challenges of nursing

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Nursing basically is an art of providing to the sick and instead of being worshipped has come under constant scrutiny and is being forced to face many challenges. Challenges like regional differences have penetrated through and has gradually led to the development of income inequalities. Not only is this, the nurses on a day to day basis exposed to various diseases, pathogens as well as flu germs which affects their health adversely. In spite of their gruelling schedules they are forced to work for longer hours and also for more shift that to without any incentives. Often this leads to fatigue, lack of

sleep and gradual development of a negative atmosphere. Societies have been very harsh on the women from the start but this problem has become more acute in the case of nurses as they have to face the violent behavior not only from their fellow workers but also from the patients. A lot of times due to shortage of staff the nurses are pressurized to work more which leads to burnout and as it is their job is extremely taxing. These challenges leave them dissatisfied with their jobs. This leads to less and less people being attracted and opting for this profession.

Biography

Ramanjeet Singh is studying in class 11 in Birla Vidya Niketan. He work for a few NGO's and He has started an initiative himself by the name Helper's Help. It primarily focusses on the ragpickers and they can be made less vulnerable to diseases. Helper's Help highlights the adverse conditions in which these people are forced to live in inspite of helping others and proving to be an asset for the society. Helper's Help carries out regular drives to distribute gloves as well as masks which acts as a shield.

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