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Measurement of trauma based on exponential injury severity score from anger management

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Anger is an emotional trauma experienced by a person inflicted with external harm, such as abusive words and experienced injustice by an individual. Its management can exhibit the degree of trauma felt by a person. A 33-year-old Asian man had experienced moral injury to the extent of losing significant weight in a span of 8 months resulting from being obese to a normal Body Mass Index (BMI) as a result of his anger management. Exponential Injury Severity Score (EISS) in reference to Abbreviated Injury Scale (AIS) system showed that the 33-year-old Asian man had suffered severe injury with a score of 5.29 near to a 6.0 maximal score.

Biography

Zharama M Llarena has completed his BS Pharmacy degree at the University of Santo Tomas and completed his graduation in MS Pharmacy at the University of the Philippines Manila. He used to work both in the pharmaceutical industry and academe as an Assistant Professor and Program Chair of the Pharmacy Department in colleges and universities in the Philippines.

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