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Quality of life of children with asthma and their caregivers

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A descriptive study was done to assess the quality of life (QOL) of children with asthma and their caregivers visiting the outpatient department of Christian medical college, Vellore. The study was conducted on 77 children and 77 caregivers. The samples were selected using total enumerative sampling technique. The instrument used was a self-administered questionnaire, designed by the investigator and was validated by experts. The conceptual framework used was modified model of health related QOL, Wilson and Clearly (1995). Analysis revealed that majority of the children with Asthma had moderate quality of life among two age groups with (29)65.9% in 5-10 years and 18(54.5%) among 11-15 years. Very few children had poor QOL (1) 2.3% in 5-10 years and (2) 6.1% among the 11-15 years of age. Among the caregivers 50(64.9%) had moderate QOL and 2(2.6%) had poor QOL. Children from urban locality ($p=0.03$), male children ($p=0.05$) absent schooldays ($p=0.01$) from children with age group of 11-15 years were significantly associated with poor QOL. A highly significant association was found between the QOL of children and the caregivers ($p<0.001$).

Biography

Bendangmenla Ao, completed her M.Sc. N under Tamil Nadu MGR Medical University in the year 2010 May specialized in pediatric Nursing. Now working as a Nursing Superintendent in Christian Institute of Health Sciences and Research which is a private organization in Dimapur, Nagaland. North East India which is developing. I am also teaching in college of Nursing various subjects and the designation is Associate professor.

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