

International Conference on  
**CLINICAL & EXPERIMENTAL DERMATOLOGY**  
&  
International Conference on  
**COSMETOLOGY AND TRICHOLOGY**

December 05-06, 2018 | Dubai, UAE



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### Advances in management of nasal ptosis in aesthetic rhinoplasty

**Objectives:** 1) Know different factors contributing to the nasal ptosis. 2) Acknowledge different methods for correction of drooping nose with the advantages of augmentation. 3) Learn and apply efficient augmentation techniques for prevention of nasal ptosis during rhinoplasty.

**Abstract:** Maintaining long term results in rhinoplasty is the state of art in nasal plastic surgery. Numerous parameters in nasal wound healing and nasal support mechanisms have made rhinoplasty as the most difficult plastic surgery. In the recent years the role of augmentation for nasal support has been emphasized by many authors to prevent unwanted long term changes. Unpleasant appearance on animation, inducing aging face and impairing nasal valve function are considerable effects of ptotic noses. The profile view of the nose is the standard view for assessing tip rotation by measuring the nasolabial angle. The nasolabial angle is measured by a line from the subnasale to the superior vermillion and by a tangent

of the columella from the subnasale. The ideal nasolabial angle is 90-100° in men and 100-110° in women. The most common indication for correction of the nasal tip ptosis is primary rhinoplasty. It is also a common feature of nasal aging in the aging face. Most rhinoplasty operations include techniques to attain and preserve acceptable tip rotation. Nasal ptosis is a common complaint in secondary rhinoplasty due to damage of nasal tip support and subsequent nasal ptosis. Aesthetic nasolabial angle and tip location are affected by different factors. These factors include the cartilaginous framework of the lower third of the nose and the motor unity of this portion consists of levator labii superioris alaeque nasi and depressor septi nasi. The cartilaginous framework and these muscles stand for the static and dynamic factors respectively. This presentation will demonstrate advanced features of the most effective augmentation techniques to make stable aesthetic results and prevent nasal ptosis.

### Biography

Mohsen Naraghi is double-Board Certified Facial Plastic Reconstructive Surgeon. He is the Faculty at TUMS School of Medicine, Division of Facial Plastic Reconstructive Surgery. Also he is the Founder and Medical Director at the Dr. Naraghi Facial Plastic Surgery Clinic and the winner of multiple international awards including three American Academy Awards since 2005. He is an author of Facial Plastic Surgery, awarded as the best academic book of the year in 2007, a Chapter Author of the first ever global reference on Revision Rhinoplasty and an Instructor of numerous courses, hands-on and live surgery workshops throughout the world.

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