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&  
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### Autism and food intolerance

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The connection between autism and food intolerances is likely to lie in the higher prevalence of intestinal permeability that it seen in ASD patients. They have intestinal permeability; the largest protein undigested into the blood from this process can develop food intolerance and food allergy. For food intolerance is responsible IgG or IgG4 and those antibodies reacted as adaptive immune system.

**Methods:** About 50 patients with autism diagnosis,

aged from 5-9 years, have been tested in rapid tests for determination of specific IgG4(human) or Nutria Smart-test, DST-diagnostische system and technologies GmbH and 99% of these patients have resulted in food intolerance. The research was conducted in collaboration with Prof. Dr. A.Blyta (neuropsychiatrist specist, Dr. J.Hulaj: Aura- private clinic also Dr. Sh.Vllasa pediatric specialist, Arbora-private clinic and Dr. L. Hetemi, Biochemistry Institute Skopje and Olive medical, private laboratory center) Dr. S.Telaku gastroenterology clinic, D. Dosti nutritionist.

### Biography

L Hetemi is Doctor in specialisation of Medical and Clinic Biochemistry studied in Institute of Biochemistry Skopje Macedonia. Her Birth place is Kosovo.

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