## 10<sup>th</sup> International Conference on **Gynecology and Obstetrics**

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## Case report: A rare case of hemoperitoneum secondary to a ruptured ovarian pregnancy superimposed by a bleeding corpus luteum cyst

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A 17-year-old patient presented to the emergency department with an acute abdomen and elevated serum beta-human chorionic gonadotropin levels. She underwent a surgical <u>laparoscopy</u> for a suspected ruptured ectopic pregnancy. Intraoperatively, she was noted to have both a ruptured hemorrhagic corpus luteal cyst, as well as products of conception, arising from the same ovary. Histology confirmed an ovarian ectopic pregnancy with a concomitant ruptured corpus luteal cyst [Figure 1].



Figure 1. Laparoscopy images (a, b) Significant hemoperitoneum noted on entry. (c) Ruptured ovarian ectopic pregnancy. (d) Ruptured and bleeding corpus luteal cyst.

Her postoperative recovery was uneventful. Both hemorrhagic ovarian cysts, as well as ectopic pregnancies, are frequent causes of acute pelvic pain in women of childbearing age and their similarities in clinical signs and symptoms pose a diagnostic dilemma for any gynecologist. Additionally, ovarian pregnancies are a rare form of ectopic gestation that compounded the challenges in this patient's diagnosis and management. In any woman presenting with acute abdominal pain, an adnexal mass and ultrasound features of <u>hemoperitoneum</u>, it is important to consider ruptured corpus luteal cysts, as well as ruptured ovarian ectopic pregnancies, as a rare but differential diagnosis.

Ultimately, the mainstay of diagnosis and treatment is a diagnostic laparoscopy, which has shown to be a reliable, safe and feasible management strategy without compromising on patient safety nor ovarian function in the long run.

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## Biography

Grace HS Cheah is a fourth-year resident in the Singhealth Obstetrics & Gynecology programme in Singapore. She is passionate about obstetrics and <u>gynecology</u> and is looking for innovative ways to improve her acumen in clinical healthcare. Being placed in one of the largest OBGYN clusters in Singapore and the leading training centre in the field of O&G, she has had the opportunity to witness a myriad of clinical cases in both obstetrics and gynecology alike. The above case was written up with the intention of highlighting its rarity, clinical complexity and the management principles, which the authors found to be a noteworthy learning experience with multiple key takeaways.

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