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### Colpocleisis in local anesthesia-rediscovering an old surgical technique by adapting it to modern demands-A case study

Growing life expectancy is a global phenomenon, as well in industrialized as in developing countries. Conserving good life quality for our elders is one of the major medical, social, ethical and financial challenges of our time. More or less brutal, complete uterine prolapse is a frequent condition, especially in women over 80 years. Others than the psychological impact, it rapidly leads to a loss of mobility and therefore autonomy. The majority is suffering in silence, since it is still a taboo to talk about it. Care often comes late, when complications already occurred. Exciting co-morbidity (especially cardiovascular) and the fear of surgery, anesthesia and post anesthetic syndromes influence both patients and caregivers in their choice of treatment. Conservative treatment by pessaries therefore is the usual first choice, but it does not

really improve life quality, on the contrary, it often leads to more complications, long and difficult to treat. (case study on vaginal eventration of small intestine). Colpocleisis, a simple, well mastered surgical technique is a real alternative. As shown in our statistics, low per operative risk, minimal post operative complication rate, excellent outcome, short hospitalization, immediate verticalisation, quick return to normal life, easy feasibility and low costs are its main assets. We gradually adapted this procedure to our modern demands, so we are able to propose it even in local anesthesia. These encouraging results helped us to break the silence and turn the usual reservation and resistance of surgical treatments in prolapsus of geriatric patience to a general acceptance.

#### Biography

Schneyer S M received his medical degree from Maximillian University Wurzburg, Germany and Gynecology and Obstetrics licence in leading hospitals in France and Germany. He worked for some 20 years as head of department of Ob/Gyn in French hospitals, in Vietnam and Oasis International Hospital, Beijing, China. He is a board certified Obstetrician and Gynecologist in France, Germany, China and Vietnam and member of the French society of gynecological surgery. His special interests are pelvic floor disorders in Urogynecology. He is about to finish a Master of Science in Management of Health Systems at Liverpool University, with a special interest in management of hospitals and start-ups, as well as public health (financial) impacts of medical decision making.

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