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Gingival biotype: Clinical diagnosis, prevention of related complications in Restorative Dentistry and introduction of a new method for biotype enhancement

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The definition of aesthetics in dentistry is now-a-days not limited to the teeth and restorations, but soft tissue look also contributes to the final aesthetic outcome. In order to prevent complications such as recession in restorative and implant treatments, it is crucial to evaluate and determine the gingival biotype far ahead of any treatment. Numerous classifications have been proposed for gingival biotypes including: thin/thick, thin scalloped/thick flat, etc. Amongst different parameters of gingival biotype determination, gingival thickness is the most significant. A variety of methods exist for evaluating gingival biotype which fall into two major categories: invasive (eg., transgingival probing or using spriders) and non-invasive (eg., Ultrasonic, CBCT, TRAN). To avoid complications after restorative treatments, it is important to enhance thin gingival biotype in advance. The most reliable method of doing is subepithelial connective tissue graft. In this presentation we introduce a minimally invasive grafting protocol for biotype enhancement in implants with dehiscence lesions.

Biography

Noushin Janbakhsh has completed his dental school at the age of 24 years from Isfahan University and Postgraduate studies in periodontology and implantology from Shahid Beheshti University School of Dentistry. She is currently an Assisstant Professor at Ilam University and has published research papers in the feild of periodontology. She has presented the subject of gingival biotype and new techniques several times including EuroPerio 2018.

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