



10th International Conference on **Hospital Management and Health Care**;

12th World Conference on **Gynecology, Obstetrics and Women Health**

Literature review on at-home end-of-life care by nurses who retired at compulsory retirement age

Mihoko Harada

Kansai University of Nursing and Health Sciences, Hyogo 656-2131, JAPAN

Nurses have many opportunities to be with their patients until the end of their lives. Particularly, nurses reaching their compulsory retirement age are equipped with nursing techniques and communication skills that make them experts of end-of-life care. A study by Terao et al. (2017) exploring nurses' decision to continue working after retirement age revealed that they not only want to continue to make a living but also "want to contribute to the society," "like the nursing profession," and felt that it provided them a "reason for living." As Japan's sovereign debt continues to accumulate, the country's healthcare policy has begun to emphasize at-home end-of-life care. However, though 69.2% of the respondents of the FY2017 *Attitudes Survey concerning Medical Care at the End-of-Life Stage* selected "home" as their preferred "place to spend their final days," this wish was not fulfilled as 74.8% of deaths during this period occurred in hospitals and only 13.2% occurred at home. The concepts of hospice and end-of-life care took hold in Japan in the 1990s. Today, hospice organizations and medical professionals coordinate to play a major role in end-of-life care. The number of older adults aged 65 years and over is expected to reach over 36.5 million by 2025. Simultaneously, the number of single-person and married-couple-only households continues to rise. Therefore, collaboration between existing organizations and nurses who retired at compulsory retirement age are expected to offer several advantages, including ensuring the quality of end-of-life care and reducing business costs.

Biography

MIHOKO HARADA has completed her PhD at Yamagichi Prefectural University. She is the Associate Professor of Kansai University of Nursing and Health Sciences. She studied about Self-concept and ather.

m.harada@kki.ac.jp