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&

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## Music therapy for children with autism spectrum disorder

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The study identified possible posterns and alternative methods, specifically Music Therapy, in treating children with Autism Spectrum Disorder (ASD). Children diagnosed with ASD are presently under special schools with an altered type of curriculum. Numerous approaches have been utilized by psychologists and psychiatrists in managing children diagnosed with ASD. Children with mental or physical disabilities have been isolated in the common educational environment. The objective is to possibly ascertain and enhance methods that may, in return, be a catalyst in the rehabilitation and reintegration of children with mental and physical disabilities, specifically children with ASD. A multiple case study in a period of five (5) years concluded that “Beat” was an influential aspect in getting the attention of the client. “Melody” and “Harmony” were the building blocks for further developments in the interaction between therapist and client. Establishing a relationship around music was an effective method in engaging with clients diagnosed with ASD. Music therapy opened doorways to communication, learning and interaction between the therapist and the client. In the minds of these autistic children, music was one of their connections to our world.