



Akhil Chhatre

Johns Hopkins University, USA

Non-surgical management of Failed Back Syndrome

There is a large population of patients who have undergone some type of spinal surgical intervention with or without revision and complaints of persistent pain. They are given a label of failed back surgery and offered little hope or answers as to their pain generators, the chance of improvement, or sustainable lifestyle options. We will discuss during this talk the pathophysiology, realistic expectations, and treatment options.

Biography

Akhil Chhatre is an Assistant Professor of Physical Medicine and Rehabilitation and Neurological Surgery at the Johns Hopkins University School of Medicine. He is the Director of Spine Rehabilitation at Johns Hopkins. He sees and treats adults with a wide range of Spinal Diseases and Disorders, including Neck and Low Back Pain, Lumbar and Cervical Degenerative Disease, Scoliosis, Spinal Stenosis, Facet Joint Disease, Whiplash Syndrome, Sacroiliac and Appendicular Skeletal Joint Disease and Peripheral Neuropathy. He has a special interest in helping patients regain function and reduce pain using non-surgical techniques and performing pain-reducing medicinal procedures, including steroid injections, nerve blocks and radiofrequency denervation. He received his medical degree from the University Of Missouri School Of Medicine and completed his residency in Physical Medicine and Rehabilitation at the University of Kansas Medical Center School of Allied Health. He performed his fellowship in Interventional Spine and Sports Medicine at the University of Pennsylvania. Previously, he worked as an Interventional Spine and Sports fellow at the Hospitals of the University of Pennsylvania after completing a residency in Physical Medicine & Rehabilitation at the University of Kansas Medical Center. He is also a member of the American Academy of Physical Medicine & Rehabilitation, the International Spine Intervention Society and the North American Spine Society.

e: achhatr1@jhmi.edu