

## NEPHROLOGY AND HYPERTENSION

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**Organ donation and transplantation in Pakistan: Religious perspective and where do we stand****Sana Tariq**

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In the last decade, approximately 50,000 people have died every year because of end-stage organ failure in Pakistan. An amount this high needs urgent manifestations and accelerated solution. Some institutes in Pakistan are working day and night to make transplantation and organ donation accessible and understandable for everyone because there is a large population in desperate need of organ donation for living including children. This article reviews the possible strategies to understand the attitude towards alive or deceased organ donation and transplantation in Pakistan and how we can change this negative perspective. We strongly believe that the lack of understanding of transplant procedure and the fear of being rejected by the almighty prevent most people from donating their organs. Correct knowledge, family consultation, sympathetic medical staff and easy access to health care institutes may change this situation.

**Biography**

Sana Tariq is Medical Physiologist, Researcher, Trainer and Speaker. She is currently pursuing MS in Public Health from Shaheed Zulfikar Ali Bhutto Institute of Science and Technology (SZABIST), Pakistan. She had 04 years of experience working in an internationally recognized institute Sindh Institute of Urology & Transplantation (SIUT) and joined Tabba Kidney Institute in 2019 has engaged the organization in number of research projects nationally and internationally.