

19<sup>th</sup> International Conference on  
**Gynecology, Obstetrics and Womens Health**

August 28-29, 2025 | Paris, France

## **Revolutionary Leader: How to lead in a world that sets you up to follow**

### **Shereen Thor**

Founder & Keynote Speaker, Bestselling Author & Executive Coach

The #1 regret of dying is, "I wish I had the courage to live a life true to myself rather than the one other people expected of me." There are also 120,000 preventable deaths a year due to work-related stress in America. People aren't just dying from overwork, they're dying because they are not sharing their authentic gifts, and the cost to our well-being is dire. Meet Shereen Thor, Keynote speaker on a mission to help audiences find happiness by embracing rebellion so that they can fulfill their purpose. After Shereen Speaks your audience will: Learn to trust their leadership ability, Begin to dream again, Take aligned action in their lives. This talk is perfect for audiences experiencing change, a change in leadership, burnout, culture change, needing a morale boost, and women working in male-dominated fields. Join Shereen Thor on a journey to uncover the secrets of workplace happiness, drawing on Yale's renowned techniques. Embrace a leadership mindset towards well-being and discover how investing in happiness can benefit both individuals and organizations. Perfect for professionals and leaders feeling the weight of burnout, this talk offers practical strategies for boosting morale and productivity while prioritizing personal well-being. I'll guide you in discovering and embracing the leader within yourself. It's about recognizing that leadership isn't a distant skill reserved for a select few but a quality each of us possesses.

Get ready to trust your unique leadership abilities and unleash your potential to inspire and lead. We'll embark on a journey to revive those dreams you might have tucked away. It's time to reconnect with your passions, reignite the spark of ambition, and start dreaming again. Let's explore the possibilities that await you and give life to the aspirations you've been longing to pursue. Together, we'll delve into the idea of aligned action – taking steps in your life that truly resonate with your values and aspirations. It's not just about moving; it's about moving in a direction that aligns with who you are. Get ready to embrace meaningful, purpose-driven actions that will shape the fulfilling life you desire."

### **Biography**

Shereen Thor is a comedian turned coach who slays with hope and humor. Wastage with greats like Serena Williams, Prince Harry, Pau Gasol, and Les Brown. She is also the bestselling author of *Revolutionary Woman*, which focuses on inspiring women and people of color to revolutionize how they see themselves to create a more equitable world. She has been featured in Forbes, TEDx, The Wall Street Journal, Insider, Medium, Spike TV, 97.1 AMP Radio, and more. When she isn't working, she is enjoying the great outdoors, spending time with her family, coaching or playing soccer, enjoying good food with friends and leaving her cell phone in the dust for extended periods.