

Saudi citizens experience in GBT (Guided Biofilm Therapy)

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The Aim of GBT: Guided Biofilm Therapy is to eliminate all Biofilm on teeth, implant, soft tissues.

The GBT protocol have 8 steps: Diagnose, disclose, motivate, airflow, perioflow, piezon, check and recall. And there are 5 rules of GBT after using it in many Saudi patients with different cases like ortho, implant, children. The patients started to come back to their recall visits. They were so happy with GBT and could not accept any other tooth cleaning method any more. Due to GBT, they see their dentists regularly and gladly for their prophylaxis and each time they leave happy, GBT has become a great experience to them which they recommend to their family as airflow technology or air polishing is very gentle on substance clean, pleasant for patients and quicker and results are accordingly good, less inflammation and the tooth necks are no longer sensitive after treatment and due to the small particle size of the product, especially the plus powder, there is practically no traumatic gingivitis. The reaction was positive without exception.

After more than 5 years, prophylaxis has become a technically and economically very important part of our dental practice.