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Obesity, Inherited homosexuality and LGBT healthcare

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One major pathogenesis of obesity is the unbalanced hormones, too much stress hormone steroid and/or not enough “anti-obese” happy hormones, endorphin, serotonin, dopamine, and oxytocin, too much estrogen and/or too less testosterone. Any sexual orientation is normal. Sexual orientation is X-linked and Y-linked traits, inherited by next generations. It is like this, female homosexual XAXA, female bisexual XAXa, female straight XaXa, male bisexual XAYA, male homosexual (manly type) XAYa, male homosexual (girlish type) XaYA, male straight XaYa. The presentation and degree of homosexuality varies in many ways, and at different stages of lifespan, as these hormones and our genetic makeup change. So is fat deposition. More estrogen and/or less testosterone are associated with fat ass. Fat ass may be an easy way to identify stronger homosexuality. If everybody loves his/her love, it may be better balanced. Yet, the reality is the reality. LGBT healthcare remains far behind. As an unresolved frustration, closeted homosexuality causes a series of health problems, obesity, tobacco/alcohol/substance abuse, and mental/psychiatric disorders. Incautious sexual practice causes sexual transmitted diseases (STDs) like AIDS. Social problems like inequality opportunities among minorities happen often. It brought huge challenge for management. Better acceptance and recognition from learning in a variety way, information merged into clinical visits through smartphone apps and electronic medical record system (ERMS), barrier protection in sexual practice, positive attitude in daily life, team network of physicians, psychiatrists, psychologists, pharmacists, activists, and communities, with loving hearts. Start local, go global, don't ever shut the door.

Recent Publications

1. Cheryl Wang, MD, PhD. Happy booster, How positive attitude promotes health, reduces stress, enhances performance, accelerates performance, and boosts happiness. IJDMD 2018, 3(4): 1-4.
2. Cheryl Wang, MD, PhD. Happy booster. Outskirtspress.com. 2018. ISBN 9781478794790.
3. Cheryl Wang, MD, PhD, Tongying Zhang, Jiali Wang, Shaoqing Wang, Xiaoyue Xu, Yiheng Wang. Our family chicken soup to all the beautiful you: my gratitude journal to you all. Outskirts press, 2017. ISBN 9781478791089.
4. Wang C. The effect of dietary protein on weight loss, satiety and appetite hormone. ASNH, 2019, 3(2): 96-102.
5. Wang C. Chorea associated with nonketotic hyperglycemia: a case report. International Journal of diabetes and metabolic disorder, 2019, 4(1): 1-2.

Biography

Cheryl Wang earned her MD at Binzhou Medical College, MSc., Endocrinology and metabolism, internal medicine in Shanghai Second Medical University (now Shanghai Jiaotong University), PhD in Science, Endocrinology and metabolism, internal medicine at PLA medical college. She did internal medicine residency and trained as an Endocrinologist in Donying People's Hospital, China, did surgery residency at Mount Sinai and Rutgers in the United States. She was a fellow of obesity at Pennington, of Diabetes at UTHSCSA, of endocrinology at Mayo clinic, of Anesthesia at UB and Columbia Uni, of immunology, surgery, and ob & gyn at Pitts, of hematology and oncology at UM, a CRC at Cetero, a tech at RIKEN, a translator, medical writer, and editor of Medimedia and many companies, an assistant professor at UB and Pennington, a professor and endocrinologist at Affiliated Hospital of Taishan Medical College. She also had short training at Harvard medical centers, Cleveland Clinic, Cornell, Banner health, SUNY, UB, etc. She is currently a distinguished professor and endocrinologist at Shengli Oilfield Central Hospital. She had accomplished her masterpiece, her hard-won wisdom, “happy booster-how positive attitude promotes health, reduces stress, enhances performance, accelerates success and boosts happiness”, the best of America and Chinese best, the most positive energy ever, and a Nobel Prize “Winner-to-be”.

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