

2<sup>nd</sup> International Conference on  
**ORTHOPEDICS & ADVANCED CARE**  
&  
2<sup>nd</sup> International Conference on  
**OBESITY & ITS TREATMENTS**

February 25-26, 2019  
Singapore City, Singapore



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### Why orthopedic patients still catch hospital infections despite the practice of infection prevention and control programs & can hospital Osteomyelitis be treated without the use of antibiotics?

**Statement of the problem:** Very few publications provide sound scientific data used to determine which components are essential for Infection Prevention and Control (IPC) programs in terms of effectiveness in reducing the risk of infection. As surgical procedures are common in the orthopedics specialty, the difficulty in preventing infections influences the orthopedic treatment outcome. The purpose of this study was to show why patients still catch hospital infections despite IPC programs. A better understanding of a variety of theories could explain the physiopathology of diverse diseases described in the medical past history, as in Traditional Chinese Medicine. A broader view seems to show the necessity of seeing the patient completely; not only focusing on the disease in the prevention of these hospital infections. The methodology used was a review of these theories such as those presented by Hippocrates ("Natural forces within us are the true healers of disease."), as well as others from oriental medicine, which explain that

diseases originate from three factors: external (exposure to cold, heat, humidity, wind and dryness), internal (emotional) and dietary.

**Findings:** Having a broader view of the patient as a whole (Yin, Yang, Qi, Blood energy and Heat retention), we can understand better the formation of hospital infection which is a systemic energy reaction of the body undergoing normal hospital treatment.

**Conclusion:** To understand better why patients are still catching hospital infections, despite IPC programs, we need to broaden our view observing all emotional, environmental and dietary factors, as well as studying the energy imbalance at the moment of admittance, or prior to the orthopedic surgery. Every patient is unique and to achieve a more successful treatment, it is important to individualize them. Therefore, it is possible to identify those who have more risk of hospital infection, studying them in their energy levels.

#### Biography

Huang Wei Ling has graduated in medicine in Brazil, specialist in infectious and parasitic diseases. She is a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she works with the approach and treatment of all diseases of all systems of the human body in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates.

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