



## Evaluating the Techniques for Bioremediation in Environmental Health

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### Description

Bioremediation is an innovative and environmentally friendly technology that uses living organisms to detoxify and restore contaminated environments. This natural approach uses the power of microbes, plants, fungi, and other biological systems to degrade or transform harmful pollutants into less toxic forms. As pollution continues to pose significant threats to environmental and human health, bioremediation emerges as a vital tool for sustainable remediation efforts. It delves into the techniques of bioremediation, evaluating their effectiveness, applications, and significance in promoting environmental health.

Bioremediation is defined as the process of using biological agents to remove or neutralize contaminants from soil, water, and air. The primary agents involved are microorganisms such as bacteria and fungi, which have the natural ability to metabolize a wide range of organic pollutants. Plants and algae also play vital roles in phytoremediation and algal remediation, respectively. Microbial bioremediation employs bacteria, fungi, and other microorganisms to degrade contaminants. These microbes utilize pollutants as sources of carbon and energy, breaking them down through metabolic processes.

*In-Situ* bioremediation involves treating the contaminated material at the site of pollution. Examples include bioventing, biosparging, and bioaugmentation. Bioventing method involves injecting air or oxygen into the soil to stimulate the activity of indigenous microorganisms that degrade organic contaminants. Bioventing is effective for treating unsaturated soils contaminated with petroleum hydrocarbons. Similar to bioventing, biosparging introduces air into groundwater to enhance microbial degradation of pollutants. This technique is suitable for treating dissolved contaminants in saturated soils and groundwater.

Bioaugmentation involves adding specific strains of microorganisms to contaminated sites to enhance the degradation process. Bioaugmentation is particularly useful when the native microbial population is insufficient to degrade certain pollutants. *Ex Situ* Bioremediation this technique requires the excavation or removal of contaminated material for treatment elsewhere. Examples include

landfarming, biopiles, and bioreactors. Landfarming in which contaminated soil is spread over a prepared bed and periodically tilled to aerate and stimulate microbial activity. Landfarming is often used for treating petroleum-contaminated soils. Biopiles, similar to landfarming, biopiles involve the placement of contaminated soil in piles with an engineered aeration system. This technique is effective for Volatile Organic Compounds (VOCs) and Semi-Volatile Organic Compounds (SVOCs).

Bioreactors in which contaminated material is placed in a controlled environment where optimal conditions for microbial activity are maintained. Bioreactors offer a high degree of control and efficiency for treating various contaminants. Phytoremediation uses plants to absorb, accumulate, and detoxify contaminants from soil and water. This technique is environmentally friendly and aesthetically pleasing, making it suitable for large-scale applications. Phytoextraction in which plants absorb contaminants (usually heavy metals) from the soil and accumulate them in their tissues. The harvested plant material is then disposed of safely. Phytodegradation in which plants and associated microorganisms degrade organic pollutants into less toxic forms through metabolic processes.

Phytostabilization in which the plants immobilize contaminants in the soil, reducing their mobility and preventing further spread. This technique is effective for stabilizing heavy metals and preventing erosion. Mycoremediation involves the use of fungi to degrade or transform contaminants. Fungi, particularly white-rot fungi, produce powerful enzymes capable of breaking down complex organic pollutants, including pesticides, dyes, and hydrocarbons. Fungi produce extracellular enzymes like lignin peroxidases and manganese peroxidases that degrade persistent organic pollutants. Fungi can accumulate heavy metals and other pollutants in their biomass, which can be harvested and disposed of safely.

The effectiveness of bioremediation techniques depends on various factors, including the type and concentration of contaminants, site conditions, and the presence of suitable microbial communities or plant species. Different bioremediation techniques are suitable for different types of contaminants. For example, microbial bioremediation is highly effective for organic pollutants like petroleum hydrocarbons and pesticides, while phytoremediation is more suitable for heavy metals and certain organic compounds. The concentration of contaminants also influences the choice of technique, high concentrations may require initial treatment using physical or chemical methods before bioremediation can be effectively applied.

### Conclusion

Bioremediation represents a powerful and sustainable approach to managing environmental contamination. By using the natural capabilities of microorganisms, plants, and fungi, bioremediation provides effective and eco-friendly solutions for restoring polluted sites. Evaluating the techniques of microbial, phytoremediation, and mycoremediation shows their distinct advantages and applications, demonstrating their significance in promoting environmental health. As studies and technology advance, bioremediation will continue to play a vital role in safeguarding the environment and ensuring a healthier future for all.

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