



## Medical and Surgical Dermatology

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### Introduction

Dermatological surgery may be a sub-specialization of surgery that treats all the conditions of the skin. It bridges medical specialty and cosmetic surgery, as a dermatologic operation usually consists in removing the skin lesions and reconstructing the skin with medications or with operation techniques.

Dermatological surgery will be done either for medical reasons if you've got malignant skin lesions or for aesthetic functions (cosmetic procedures). This kind of surgery deals with:

- Moles
- Cysts
- Lipomas
- Fibromas
- Papilloma's
- Warts
- Actinic skin disorder or seborrheic skin disorder
- Melanomas

A dermatologic procedure will last from fifteen to twenty minutes and it's sometimes done below native anaesthetics. The physiological state is delivered with a fine needle within the affected space or areas. The incisions are going to be closed with patches of skin from the areas close the operation website or from "donor" areas, like from the proximal limbs, clavicle or periauricular space.

The seam applied will be connective tissue and absorbed or external and non-absorbable. For the simplest leads to terms of aesthetics, the simplest variety of sutures square measure wound closure strips (commonly called Steri-strips)..

### Pre-operative progress

Before a dermatologic procedure, you would like to:

- Talk with the anesthesiologist to see you're not allergic to anaesthetic.
- Tell your doctor if you're on any medications, particularly antiplatelets and anticoagulants. You'll have to be compelled to stop taking these some days before the surgery.
- Have some viscus screening tests (on your doctor's recommendation).

- Tell your doctor if you've got a man-made pacemaker or if you've got potential co-morbidities, like polygenic disorder or natural action deficiency.
- Refrain kind consumption within the 2 hours before the procedure.

### Post-operative progress

After the surgery, the positioning of the operation might feel a small amount tender. However, the discomfort is sometimes stripped-down and may be controlled by applying associate degree ice pack.

If you were below native anaesthetics, you'll come back right once the procedure. On the opposite hand, if you were insensible, you'll need to stay below clinical observation for thirty to forty five minutes. You'll might have to stay a dressing on the operation website for 5 to 10 days. If the surgery you underwent was gentle, you'll be able to return to figure and to your traditional activities right once the procedure. If the surgery was a lot of advanced you'll have to be compelled to keep in hospital for twenty-four to forty eight hours.

Unfortunately, scars square measure inevitable: they'll be a lot of or less visible, however each operation leaves a scar on your body. However massive the scar is depends on the dimensions of the first lesion, whereas however visible the scar is depends on your age, on the surgeon's skills, on the operation website location, on however long the stitches remain your skin and on your body's scarring ability. You ought to detain mind that scars square measure a lot of sensitive to daylight for four to 5 months; you shield them with ointment or lotions.

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