



Clinical trials in Egypt: Opportunities and Challenges

Nihal El Habachi

Alexandria University School of Medicine, Alexandria, Egypt.

Abstract:

Egypt's global share from clinical trials is very small in spite of being a strategic country in MENA region with large population.

There are lots of opportunities attracting pharmaceutical companies to invest in the field of clinical trials in Egypt as the low expenses represented in the Investigator & site fees, cost for trial-related care and much lower overhead fees, travel costs for monitoring sites and Support services (as printing, translation, and local courier fees).

Also, the high quality investigators and site staff, keen to participate in clinical trials. As well as, Large pool of trial-naive, often treatment-naive patients, High incidence and prevalence of certain diseases and less competition for enrolment of patients.

On the other hand, there are lots of challenges facing people working in clinical trials as unexplained disapproval set by the concerned Authorities on the exportation of the biological samples to central labs, prolonged and undefined/unpredictable study approval/start-up timelines, absence of national clinical research law regulating clinical research and absence of national database registry for clinical trials.

Challenges regarding research subjects, investigators, REC, regulatory authorities, sponsors and local facilities as well as our ways to overcome them will be discussed.

Biography:

A practicing physician in the field of healthcare in the state of Kerala in India for the last 31 years and very much interested in basic research. My interest is spread across the fever, inflammation and back pain. I am a writer. I already printed and published nine books on these subjects. I wrote hundreds of articles in various magazines.

After scientific studies, we have developed 8000 affirmative cross checking questions. It can explain all queries related to fever.