## **Research Article**



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## Evaluation of Preventive Effects of Brazilian Green Propolis on Equine Herpes Virus 9-Induced Acute Encephalitis

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#### Abstract

In this study, we aimed to evaluate the preventive effects of Brazilian green propolis on equine herpes virus (EHV)-induced encephalitis in a hamster model. We first investigated the antiviral activity of Brazilian green propolis against EHV-9, and then, examined the effects of propolis on the kinetics and production of cytokines. Sixtyfive male, Syrian hamsters were divided into two treatment groups and control group. The 1st group is a control. The second group was infected intranasally with 50 µl of EHV-9 [3 × 104 plaque-forming units (pfu)] without propolis treatment. The third group received propolis at 500 mg/kg of ethanol extract of Brazilian green propolis by a gavage for 7 days, followed by intranasal inoculation with 50  $\mu l$  of EHV-9 (3  $\times$  10<sup>4</sup> pfu). Pre-treatment with propolis was not effective in preventing EHV-9-induced encephalitis via intranasal route. This speculation is supported by similar clinical signs and similar immunohistochemistry based on viral antigen distribution in the brain of infected hamsters in groups 2 and 3 from 3rd day post inoculation (dpi). There were significant increases in cerebral mRNA levels of IL-2, IL-10, and IFN- $\gamma$  after propolis administration in the propolis-treated group before and after EHV-9 challenge compared with the control non-treated group. In conclusion, Brazilian green propolis showed no obvious effect on the prevention of acute EHV-9-induced acute encephalitis in a hamster model, despite its immune-enhancing activity.

#### Keywords

Cytokine; EHV-9; Encephalitis; Pathogenesis; Propolis

## Introduction

Propolis has been widely used in folk medicine for many years as pharmaceuticals or dietary supplements for the prevention or treatment of inflammatory diseases [1]. There are numerous studies on the pharmacological properties and biological activities of propolis, including anti-inflammatory, anti-bacterial, anti-fungal, anti-oxidant, anti-cancer, and antiviral effects [2,3]. Propolis (bee glue) is a resinous substance collected by honey bees from various plant sources. It is used to seal holes in honeycombs, smooth out the internal walls, and protect the entrance to intruders. Propolis is a bee product that comprises a mixture of polyphenols, flavonoid aglycones, phenolic acids and their esters, and phenolic aldehydes and ketones [4]. It is rich

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in biochemical constituents, mainly phenolic acid components, which play a role in antiviral activity. It has been reported that constituents such as caffeic acid, p-coumaric acid, benzoic acid, galangin, pinocembrin, and chrysin may be effective against herpes simplex virus in cell culture [5,6]. Propolis and its derivatives have the ability to inhibit virus propagation via reduction of viral multiplication and virucidal action. Several studies have shown the effect of propolis on the RNA and DNA of different viruses *in vitro*, including herpes simplex type 1, herpes simplex type 2, adenovirus type 2, poliovirus type 2, vesicular stomatitis virus [7], vaccinia virus, and the virus responsible for Newcastle disease [8]. Propolis has been used as a potential immune regulator [9,10]. Recently, it was reported that Brazilian green propolis has immune enhancing action both *in vitro* and *in vivo* [11,12].

Equine herpesvirus-9 (EHV-9), a varicellovirus belonging to the subfamily Alpha-herpes virinae, is the newest member of EHV and is closely related to EHV-1. EHV-9 was first described in an outbreak of disease in Thomson's gazelles (Gazellathomsonii) in a Japanese zoo [13,14].

Emerging EHV-9 infection in domestic animals is also a concern, as various domestic animals can be easily infected via nasal route [15-18]. The pathogenesis of EHV-9 following nasal infection has been studied in a suckling hamster model [15]. EHV-9 propagated in the olfactory epithelium within few hours (12-24/hrs) gained access to the brain through the olfactory and trigeminal nerves [14,15].

In the present study, we investigated the preventive effects of Brazilian green propolis on EHV-9-induced acute encephalitis as well as its immune activation functions by measuring cytokine levels.

### **Material and Methods**

#### Animals

Sixty five, 4-week-old male, specific pathogen-free Syrian hamsters (*Mesocricetus auratus*) were used in this study. The animals were purchased from an experimental animal breeder (SLC Inc., Hamamatsu, Japan). All animal experiments were performed according to the code of ethics of Research and Animal Resources Committee, Faculty of Applied biological science, Gifu University, Japan, approved by Gifu University Animal Experiment Committee. The animals were kept in a well-ventilated room at 22-24°C and 50% relative humidity, with 12 hr/12 hr light/dark cycle. Food and water were provided ad libitum. After acclimation for 5 days, they were randomly divided into three groups: (Group 1) control non-treated group (20 animals), (Group 2) EHV-9 inoculated without propolis treatment group [20 animals), and (Group 3) propolis treated and EHV-9 inoculated group (25 animals).

#### Virus seed

Original seed stocks of EHV-9 [P19, 5th 102 passages in Madine-Derby bovine kidney cells (MDBK)] are the source of inocula of virus infection used in this experiment. The viruses were titrated by plaque assay in MDBK cells, which were used for virus propagation.

#### **Experimental design**

Group 1 and group 2 were intranasally inoculated with 50  $\mu l$  (MEM-  $\alpha)$  divided between both nostrils for 7 days. Group 3 received

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propolis as 500 mg/kg of ethanol extract of Brazilian green propolis (obtained from API Co., Ltd. Gifu, Japan) by gavage for 7 days. From 8<sup>th</sup> day from the start of the experiment, Group 2 and group 3 were infected intranasally with 50  $\mu$ l of EHV-9 [3 × 10<sup>4</sup> plaque forming units (pfu)]. Each group was housed separately to prevent cross-infection. The experimental animals were kept under observation daily until the end of the experiment for appearance of any clinical signs post viral infection. Five hamsters from group 3 were euthanized before viral challenge by 12 hr. Five hamsters from each of the three groups were euthanized at 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> dpi, and the samples/specimens were immediately collected (Table 1).

#### Necropsy and postmortem examination

Euthanasia was performed by intraperitoneal administration of pentobarbital sodium (100 mg/kg). The brains, heart, lungs, kidneys, liver, and spleen were removed and examined for gross lesions. The brain was divided into two halves. One-half of the brain was collected in sterilized Eppendorf tubes containing RNA for RNA and DNA extraction. The second half of the brain and suitable specimens from other organs were immediately fixed in 10% buffered paraformaldehyde (average period of fixation was 3-4 days at 24°C for routine paraffin section preparation and histopathological and immunohistochemical examination.

## RNA extraction for viral and inflammatory cytokine detection

Total RNA extraction from the brain and lung tissues was performed according to the Qiagen All Prep DNA/RNA/Protein Mini kit protocol. Total RNA samples were reverse transcribed by using Quanti TectR Reverse Transcription Kit (Germany). cDNA was then used for EHV-9 detection using its specific primers [19], and interleukin (IL)-2, IL-10, and interferon gamma (IFN- $\gamma$ ) using hamster-specific primers [20,21].

#### **Real-time PCR and amplification protocol**

PCR amplification and analysis were performed using Takara Thermal Cycler. Dice Real Time System with version 4.0 software. All reactions were performed with the Thermal Cycler Dice single Dice. In this study, DNA master SYBR green I kit was used [Takara Clontech, SYBR<sup>R</sup> premix Ex Taq<sup>TM</sup> (TliRNaseH plus)] at a volume of 25  $\mu$ l in each reaction capillary. For quantification of cytokines, 5  $\mu$ l of cDNA was added before the capillaries were capped, centrifuged, and placed in Light Cycler sample carousel. The amplification conditions of the target cDNA was for 40 cycles (95°C for 30 sec, 95°C for 10 sec, and 60°C for 10 sec, and a variable extension time at 72°C for10 sec). Dissociation curve analysis was performed immediately after amplification with continuous fluorescence acquisition.

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#### Histopathological and immune histochemical examination

The brain, heart, lungs, liver, spleen, and kidneys were collected immediately after necropsy and fixed in 10% buffered paraformaldehyde. After fixation, the organs and tissues were dehydrated and embedded in paraffin wax, sectioned into 3-µm sections, stained with hematoxylin and eosin (HE), and examined under a light microscope. Paraffin-embedded sections (4 µm) of the brain were immune labeled with EHV-9 rabbit antiserum using the En Vision+ System HRP-labeled polymer (Dako). The primary antibody was EHV-9 antiserum used at a dilution of 1:800. Subsequently, a secondary antibody (biotinylated anti-rabbit IgG, DAKO Cytomation, USA) was applied, with Liquid Diaminobenzidine (DAB) Substrate Chromogen System (DAKO Cytomation) used as the chromogen and hematoxylin as the counterstain, as described previously [7,22]. Known tissue sections from EHV-9-infected hamsters were used as positive control samples, and sera from non-immunized rabbit and goat were used as a negative control.

#### Statistical analysis

Two-way analysis of variance (ANOVA) test using the Graph Pad Prism 5 software were used for statistical analysis of changes in cytokines levels of (IL-2, IL-10, and INF- $\gamma$ ) genes from brain tissues. Comparisons were considered significant at a P value  $\leq 0.05$ .

#### Results

#### Clinical findings and death

All animals in the EHV-9-inoculated groups (the  $2^{nd}$  and  $3^{rd}$  groups) showed similar clinical signs on the  $3^{rd}$  dpi. The early clinical signs included depression, salivation, nasal discharge, lack of coordination, and periodic convulsions, which then developed into lateral recumbency and coma in most of the animals. There was no dead animal on the  $3^{rd}$  dpi, two dead animals in both groups on the  $4^{th}$  dpi, and three dead animals on the  $5^{th}$  dpiin the second group. In addition, four dead animals were observed on the  $5^{th}$  dpi in the third group. No deaths or clinical signs were observed in the non-treated control group. The number of affected animals remaining on each day of experiment is shown in Table 2.

#### Changes in bodyweight gain

Both the EHV-9-inoculated groups with or without propolis treatment showed a significant reduction in bodyweight gain on the 5<sup>th</sup> dpi compared to the control group, while the control group showed a normal pattern of bodyweight gain.

#### **Gross findings**

No specific gross abnormalities were observed in the organs and tissues at necropsy, except congestion of the meningeal and cerebral blood vessels.

Table 1: Experimental design for the groups of hamsters.

		Nos. of animals euthanized on DPI						
Groups	Dose/Route	12hr before challenge	2nd	3rd	4th	5th	Total	
Group 1(Control)	50 $\mu$ I MEM– $\alpha$ intranasal	-	5	5	5	5	20	
Group 2 (EHV-9 infected without propolis treatment)	50 μl (1 × 104 PFU) Intranasal	-	5	5	5	5	20	
Group 3 (propolis treated group with EHV-9 challenge)	500 mg/kg of Ethanol extract of Brazilian green propolis for 7 days then challenged by 50 $\mu$ (1 × 104 PFU) Intranasal	5	5	5	5	5	25	

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#### Histopathological examination

In the EHV-9-inoculated groups, there were various degrees of non-suppurative encephalitis characterized by perivascular cuffing, focal or diffuse gliosis, neuronal degeneration and neuronal loss, and frequent eosinophilic intranuclear inclusion bodies in the degenerating neuronal cells in infected animals (Figure 1A, 1B, 1C). Lesions were predominant in the olfactory bulb and gray matter of the cerebrum in the brains from both theEHV-9-inoculated groups. There was no significant difference between the second group and third group in the prevalence of neuronal lesions. No lesions were observed in the brains from the non-treated control group.

#### Viral antigens by immunohistochemistry

Viral antigens were detected in the olfactory bulb from the 3<sup>rd</sup> dpi. The amount of viral antigens increased on the 4<sup>th</sup> dpi in the second group and was more abundant on the 5<sup>th</sup> dpi in the third group (Figure 1D). No positive immunostaining was observed in the olfactory bulb on the  $2^{nd}$  dpi or in the control group.

#### Detection of viral DNA and cytokines levels using qRT-PCR

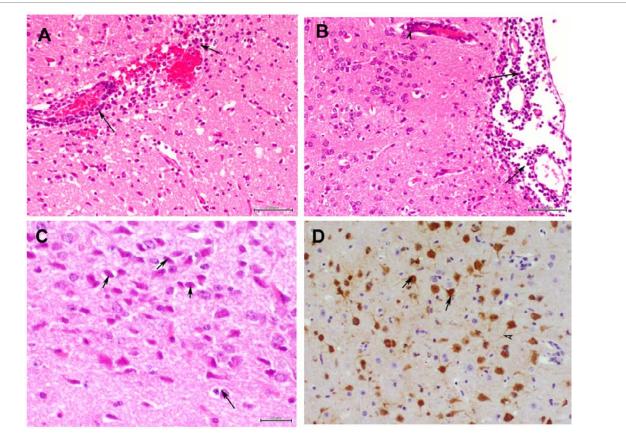
Viral DNA was detected in the brain tissue of infected animals from the  $2^{nd}$  dpi until the end of the experiment (5<sup>th</sup> dpi).

In this study, administration of 5000 ppm of ethanol extract of Brazilian green propolis by gavage for 7 days resulted in a 19-15, 9, fold increase in mRNA levels of IL-2, IL-10, and IFN- $\gamma$  cytokines respectively in propolis treated hamsters at the 7<sup>th</sup> day from propolis administration in comparison to the control non-treated group.

There were also a marked increase in mRNA levels of IL-2, IL-10, and IFN- $\gamma$  in the brain tissue of all EHV-9-infected groups either propolis treated (3<sup>rd</sup> group) (Figure 2A, 2B, 2C, 2D) or untreated group (2<sup>nd</sup> group) (Data under publication). No significant differences were observed between the 2<sup>nd</sup> and the 3<sup>rd</sup> groups in cytokines levels.

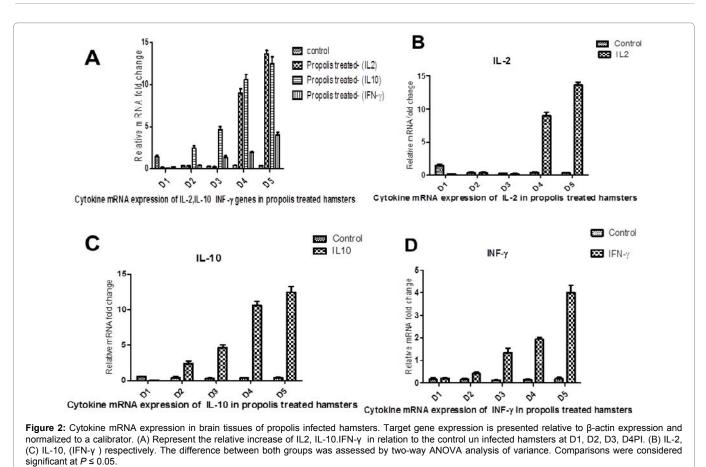
Table 2: The face of infection at each day of the experiment.										
Groups	0 day (day of infection)		2 <sup>nd</sup> DPI		3 <sup>rd</sup> DPI		4 <sup>th</sup> DPI		5 <sup>th</sup> DPI	
	1 <sup>st</sup> 12 hr	2 <sup>nd</sup> 12 hr	1 <sup>st</sup> 12 hr	2 <sup>nd</sup> 12 hr	1 <sup>st</sup> 12 hr	2 <sup>nd</sup> 12 hr	1 <sup>st</sup> 12 hr	2 <sup>nd</sup> 12 hr	1 <sup>st</sup> 12 hr	2 <sup>nd</sup> 12 hr
1 <sup>st</sup> Control	0/20	0/20	0/20	0/15	0/15	0/15	0/10	0/10	0/5	0/5
2 <sup>nd</sup> EHV-9 infected without propolis treatment	0/20	0/20	0/20	0/15	0/15	0/10	2/10	8/10	4/5	1/1
3 <sup>rd</sup> propolis treated group with EHV-9 challenge	0/20	0/20	0/20	0/15	0/15	0/10	2/10	8/10	3/5	2/2

Table 2: The rate of infection at each day of the experiment



**Figure 1:** Non-suppurative meningoencephalitis in hamsters infected with EHV-9and propolis treated represented by; (A) perivascular cuffing (arrows);(B) meningoencephalitis (arrows),with also perivascular cuffing (arrowhead), H&E, Bar=50 µm; (C) Neuronal degeneration and necrosis with nuclear shrinkage and vacuolation (arrows). H&E, Bar=20 µm; (D) Immunohistochemistry for viral distribution in the brain. Viral antigens were localized in the neuronal body (arrows), processes arrowhead), Bar=50 µm.





Discussion

Being a neuropathogenic virus, EHV-9 is replicated in the olfactory mucosal cells after intranasal inoculation [23,24]. The time course of infection from the nasal cavity to the brain, and the characteristics of the brain lesions were similar to that observed in previous studies using a hamster model of EHV-9-induced encephalitis [23,24].

Several studies in vitro have shown the effect of propolis on the RNA and DNA of different viruses, including herpes simplex type 1, herpes simplex type 2, adenovirus type 2, poliovirus type 2, vesicular stomatitis virus [7], vaccinia virus, and the virus responsible for Newcastle disease [8]. Flavonoids such as quercetin and rutin, which are found in honey and propolis [25,26], were thought to have antiviral activity against HSV, poliovirus, and Sindbis virus [4,16]. In addition, two flavonoids (chrysin and campherol) have been proven to have a very active role in the inhibition of replication of several herpes viruses, adenovirus, and rotavirus [27]. However, propolis and its derivatives have been reported to possess the ability to inhibit virus propagation via reduction of viral multiplication and virucidal action. In the present study, no obvious effects in preventing EHV-9induced acute encephalitis were observed after administration of propolis.

A previous study reported that, propolisas a potential immuneenhancing agent via activation of cellular and humoral immunity, as well as a possible natural antibiotic with no side effects [28]. In this study, the concentrations of IL-2, IL-10 and IFN- $\gamma$  in the brain tissue were determined by qRT-PCR and  $\Delta\Delta$ Ct method. There were considerable increases in the mRNAs for the Th-1 cytokines, IL-2 and IFN- $\gamma$  and Th2 cytokines (IL-10) in propolis-treated group before viral challenge in comparison to those of the control group. IL-2, a cytokine secreted by type 1 helper T cells (Th1 cells), mediates cellular immunity. In addition, IL-2 can stimulate the production of immunoglobulins and promote the proliferation and differentiation of natural killer cells [18]. IFN- is responsible for activation of infection [29,30]. IFN- $\gamma$  is secreted by type 1 helper T cells (Th1 cells), and it can reflect the basic status of cellular and humoral immunity of an organism to a certain extent.

The levels of cytokine secretion reflect the state of cellular and humoral immunity in an organism. Both cellular and humoral immunity play important roles in defense against infectious disease in the host [31]. However, this immune enhancement induced by propolis, encephalitis due to EHV-9 occurred as this virus enters the brain via the olfactory nerve, spreads trans-synaptically to connecting neurons along the olfactory tract, and replicates in the neurons of the olfactory bulbs and cerebrum [23,24].

In the hamster model of herpes virus infection used in the present study, the time course of encephalitis from nasal inoculation of EHV-9 to fulminant encephalitis was rather short. Therefore, there might not have been enough time for progressive enhancement of immune system to protect against EHV-9-induced fulminate encephalitis or at least to decrease the severity of infection after propolis administration [32,33]. Pre-treatment with propolis did not prevent EHV-9-induced acute rhinitis and virus replication in the nasal cavity, and eventually, the virus gained access to the olfactory bulb and cerebrum in

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hamsters. The present regime and duration of propolis administered in this study was inadequate for preventing virus replication or viral induced encephalitis or both, however its ability to enhance immunity. Further studies with prolonged course of treatment and larger doses are in progress.

The present study showed that propolis could not necessarily prevent acute encephalitis induced by neuropathogenic EHV-9 by improving cellular and humoral immunity. This may be due to the quick transmission of virus directly through the olfactory nerve to the brain before acquisition of protective immunity. Further study is needed to determine the potential of propolis in preventing EHV-9 in chronic transmission experiments or by using other routes of infection, such as oral or ocular routes.

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