



A Brief Description on Liposuction and Different types of Liposuction

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Liposuction may be a surgical procedure that employs a suction strategy to get rid of fat from particular areas of the body, like the abdomen, hips, thighs, buttocks, arms or neck. Liposuction too shapes (contours) these regions. Other names for liposuction include lipoplasty and body contouring.

Liposuction isn't ordinarily considered an overall weight-loss strategy or a weight-loss alternative. In the event that you're overweight, you're likely to lose more weight through diet and work out or through bariatric strategies like gastric bypass surgery than you'd with liposuction.

There are a variety of potential common side effects following liposuction.

These include:

- Bruising and swelling (which may last up to 6 months)
- Numbness (which should get away in six to eight weeks)
- Scars
- Inflammation of the treated region, or the veins underneath
- Fluid coming from the incisions
- Swollen ankles (if the legs or ankles are treated)

What are the various sorts of liposuction?

Yes, a thigh lift is probably going to leave a scar. The area and length of the scar are dependent upon where the cut is put and thus the extent to which skin is evacuated. Your surgeon will attempt to hide this within the natural creases and folds of your thigh region.

These scars will heal over time and may heal faster with the utilization of over the counter treatments. You need to expect most scars to be well covered up with particular underwear or clothing.

Traditional liposuction: We generally use traditional simple liposuction to get rid of small areas of fat and usually under local anaesthesia, like a bulge or lipoma. It's particularly useful for treating the neck and therefore the chin, because it is a minimum of as effective as any other technique, is simple and has the fewest potential complications. We utilize this frequently to collect fat for processing and re-injection as fat grafting

Body jet or Water Assisted Liposuction (WAL): This is an enhancement of the traditional technique with the added ability to inject local anaesthetic fluid at the same time as carrying out the liposuction. This fluid pulses from the end of the cannula like a low-pressure washer helping to mechanically remove fat. Expansive volumes are regularly evacuated rapidly and efficiently. It's particularly good with harder areas like the breast, where the fat is more firmly fixed.

Power-Assisted Liposuction (PAL): MicroAire and Lipomatic are two of several mechanically enhanced techniques. They remove the fat because the motorised cannula moves back and forth, sideways or rotate. It's very effective and popular amongst surgeons, primarily because there's less physical effort involved.

Laser-Assisted Liposuction (LAL): the foremost successful of those techniques is that the Smartlipo, now in its third generation, Smartlipo Triplex. As altogether liposuction, there's skin tightening, but the laser enhances this, particularly round the inner thighs and arms where the skin is thin.

Cellulaze - Subcision is that the standard minor surgical technique during which tethering fibres is traverse tiny stabs. It's been recently popularised by an upscale adaptation called Cellfina. Cellulaze however, does all this by laser, but additionally, features a second laser which shrinks the skin. It also can treat large areas at one session.

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