



A Case of Inguinal Hernia Cured with Homoeopathic Remedy- Thuja Occidentalis

C Rathish* and T Ajayan

Abstract

An inguinal hernia is a protrusion of abdominal-cavity contents through the inguinal canal. This may include pain or discomfort especially with coughing, exercise, or bowel movement. In children, a hernia present as bulges in the groin area which become more prominent and protrudes during muscular stretching like coughing, crying, straining, or standing up; getting worse throughout and feels better while resting. In the present case, a male child aged one and a half years old presented with swelling of left testicle on 30/5/2016. He had been suffering from the complaint since 2 months. According to the child's mother, the swelling got worse on passing stool, urinating and while crying. By considering symptoms, mental generals and particulars; Homeopathic remedy Thuja Occidentalis was given. The complaints got cleared and there were no recurrence after 18-6-2016.

Keywords

Inguinal hernia; Homeopathic remedy; Thuja Occidentalis

Case Summary

A case reported was a swelling in left scrotum since 2 months. By this case was diagnosed as inguinal hernia. By considering mental generals and particulars Thuja Occidentalis is given. There is no recurrence of complaint after 18 -6-2016

A Case of inguinal hernia

An inguinal hernia is a protrusion of abdominal-cavity contents through the inguinal canal. This may include pain or discomfort especially with coughing, exercise, or bowel movement. In children it will protrude while crying. Often it gets worse throughout the day and improves when lying down. A bulging area may occur that becomes larger when bearing down. Hernias present as bulges in the groin area that can become more prominent when coughing, straining, or standing up. They are rarely painful, and the bulge commonly disappears on lying down. By considering mental generals and particulars Thuja Occidentalis is given. There is no recurrence of complaint after 18-6-2016 (Figures 1 and 2).

*Corresponding author: Chandrāja Rathish, Department of Practice of Medicine, Sarada Krishna Homoeopathic Medical College, Kulasekharam, Kanyakumari district, Tamil Nadu, India -629161, Tel: 9894132132; E-mail: chandrarathish@gmail.com

Received: January 17, 2018 Accepted: March 03, 2018 Published: March 10, 2018

Introduction

An inguinal hernia is a protrusion of abdominal cavity contents through the inguinal canal [1]. Inguinal hernias occur more often on the right than left side [2]. The main concern is strangulation, where the blood supply to the part of the intestine is blocked. This usually produces severe pain and tenderness of the area.

Signs and symptoms

Pain or discomfort especially with coughing, exercise, or bowel movement.

Bulges in the groin area that can become more prominent when straining or standing up. It gets worse throughout the day and improves when lying down.

A bulging area may occur that becomes larger when bearing down [3,4].

Case Report

A male child aged one and a half years old presented with swelling of left testicle on 30/5/2016. He had been suffering from the complaint for 2 months. According to the child's mother, the swelling got worse on passing stool and urine, after crying. The child often screamed before micturition.

General Features

Functional

- Appetite-Good
- Thirst-increased for cold water
- Sleep-Good

Eliminations

- Stool-constipated



Figure 1: Before treatment.



Figure 2: After Treatment.

- b. Urine-normal
- c. Sweat-increased on chest and forehead

Reaction to

- a. Desires-cold climate.
- b. Desires cold food and drinks.

Mental and emotional state

- a. Active
- b. Restless
- c. Obstinate
- d. Easily angered and throws things when angered.

Milestones of development

- a. Delayed milestones.
- b. Birth weight-2.6 kg

Pregnancy history

- a. Difficult labour.

Physical findings and general examination

Anemia: No pallor Pulse rate - 80/min
 Jaundice: Not icteric Res rate – 18/min
 Cyanosis: Nil Body weight – 9kg
 Clubbing: Nil
 Edema: Nil
 Lymphadenopathy: Nil

Systemic examination of swelling

- a. Size and shape of the Swelling-pear shaped.
- b. Position and extent-extends upto the scrotum.
- c. Visible peristalsis-absent.
- d. Skin over the swelling - normal.
- e. Impulse on coughing - expansible cough impulse.
- f. Position of penis - normal.

Palpation

- a. Temperature - normal.
- b. Tenderness - absent.
- c. Surface - normal.
- d. Edge-well defined.
- e. Position and extent-extends into the scrotum.
- f. Consistency- elastic.
- g. Cough reflex-expansible impulse palpable.

Percussion

- a. Resonant note

Intervention

- a. Homeopathic medicine Thuja Occidentalis is given [5-8].

Medicinal prescription

30-5-2016
Rx
Thuja Occidentalis 200/1 Dose
Op No: 5227/16
Name: Varun K
Age/Sex: 1 1/2yrs M/C
Address: Kanyakumari

Location	Sensation	Modalities	Accompaniments
Male genitalia Since 2 months	Swelling in left side of scrotum	< During passing stool <During micturation < After crying	

Course and progress of treatment

01-06-2016	Rx
Screaming before micturation persists.	PL 1Dose in 10 ml aqua 10gtt x 2 hrly
Generals-good	
02-06-2016	Rx
Swelling slightly better.	PL 1Dose in 10ml aqua 10gtt x 2hrly
Screaming before micturation persists.	
Generals-good	
3/6/2016	Rx
Screaming before micturation persists.	PL 1Dose in 10ml aqua 10gtt x 2hrly
Swelling in left testicle better.	
Generals-good	
04-06-2016	Rx
Screaming before micturation	PL 1Dose in 10ml aqua 10gtt x 2hrly
Swelling in left testicle better.	
Generals - good	
05-06-2016	Rx
Screaming before micturation.	THUJA 200/1DOSE (St)
Swelling in left testicle	
Generals-good.	
06-06-2016	
Screaming before micturation occasionally present.	
Swelling better than before.	Rx
Generals-good.	PL 1Dose in 10ml aqua 10gtt x 2hrly
07-06-2016	Rx
Swelling of left testicle persists.	PL 1Dose in 10ml aqua 10gtt x 2hrly
Screaming before micturation persists.	
Generals-good	

08-06-2016	
Swelling slightly better.	Rx
Screaming before micturation persists.	PL 1Dose in 10ml aqua 10gtt x 2hrly
Generals-good	
09-06-2016	
Screaming before micturation present.	Rx
Swelling in left testicle better	PL 1Dose in 10ml aqua 10gtt x 2hrly
Generals-good	
10-06-2016	
Screaming before micturation better.	Rx
Swelling in left testicle better.	PL 1Dose in 10ml aqua 10gtt x 2hrly
Generals - good.	
18-06-2016	
Screaming before micturation better.	Rx
Swelling in left testicle better.	PL 1Dose in 10ml aqua 10gtt x 2hrly
Generals - good.	SL 7DOSE (HS)
	SG 3-3-3
	SD 1-0-1

Case Discharge Summary

A male child aged one and a half years old presented with swelling of left testicle on 30/5/2016. He had been suffering from the complaint for 2 months. According to the child’s mother, the swelling got worse on passing stool and urine, after crying. The child often screamed before micturation. Came to hospital at causality on 30/5/2016. He is better from his complaints after treated with Thuja Occidentalis. He have no recurrence of complaints 18/6/2016.

Conclusion

The patient complaints of swelling in left testicle on 30/5/2016. He had been suffering from the complaint for 2 months. He came to hospital at causality on 30/5/2016. He is better from his complaints after treated with Thuja Occidentalis. He has no recurrence of complaints after 18/6/2016.

In Synthesis repertory, the rubric “Abdomen-Hernia-Abdominal-inguinal-children, in-left” gives the medicines, Nux vomica and Thuja. Thuja was earlier proved to be effective in many cases of inguinal hernia in children [5,6].

In Knerr’s Repertory, Abdomen-Inguinal region-Hernia-Infantile, left side, better thigh flexed on abdomen, worse on pressure gives the medicine Thuja [9,10].

References

1. Lao OB, Fitzgibbons RJ Jr, Cusick RA (2012) Pediatric inguinal hernias, hydroceles, and undescended testicles. Surg Clin North Am 92: 487-504.
2. Mueller CB, Rader G (1956) Inguinal Hernia in Children. AMA Arch Surg 73: 595-597.
3. Knerr BC, Hering C (1896) Repertory of Hering’s Guiding Symptoms of Our Materia Medica. Jain Publishing Co, New Delhi, India.
4. Dhawale M.L (1985) Principles & Practice of Homoeopathy. Institute of Clinical Research, India.
5. Boericke William (2009) Pocket manual of Homoeopathic Material Medica and Repertory. B Jain Publishers (9th Edtn) , New Delhi, India.
6. Boger CM (1998) Boenninghausen’s Characteristics Materia Medica & Repertory with Word Index. B. Jain Publishers, India.
7. Farrington EA (2004) Therapeutic pointers to some common remedies. Jain Publisher (P) Ltd New Delhi, India.
8. Hompath classic Software 8th version.
9. Knerr BC, Hering C (1896) Repertory of Hering’s Guiding Symptoms of Our Materia Medica. Jain Publishing Co, New Delhi, India.
10. Dhawale M.L (1985) Principles & Practice of Homoeopathy. Institute of Clinical Research, India.

Author Affiliations

Top

Department of Practice of Medicine, Sarada Krishna Homoeopathic Medical College, Tamil Nadu, India

Submit your next manuscript and get advantages of SciTechnol submissions

- ❖ 80 Journals
- ❖ 21 Day rapid review process
- ❖ 3000 Editorial team
- ❖ 5 Million readers
- ❖ More than 5000 
- ❖ Quality and quick review processing through Editorial Manager System

Submit your next manuscript at • www.scitechnol.com/submission