

## A Systematic Review of DSM-V Section III Alternative Model of Personality Disorder's Clinical Utility

Mikaela S. Milinkovic

The University of Sydney, Australia

### Abstract

Empirical controversy that can remains regarding to the representation and also diagnosis of personality disorders (PDs), as either distinct categories or as a dimensional continuum of psychopathology. In the fifth edition of the Diagnostic and Statistical Manual, the Personality and Personality Disorders Work Group (PPDWG) presented an Alternative Model of Personality Disorder (AMPD) that elicits a hybrid diagnosis. This attempt to combat the various limitations associated with the primarily categorical or dimensional approaches was met with criticism regarding the AMPD's indeterminate clinical utility. To seek clarity, the current mixed-methods systematic review aimed to work out the clinical utility of the AMPD within a clinical population. An electronic screening of six databases, in addition to the application of explicit exclusion criteria, revealed twenty studies of relevance. Study characteristics and individual assessments of methodological quality were tabulated. The convergent, narrative synthesis of results was also largely in support of the AMPD's clinical utility. Future exploration of the AMPD's can communicative the value between clinicians and their patients' families, the feasibility of the model's application, and the model's ability to translate into treatment modalities is required for both consolidate the current findings and also to support a transition to a hybrid diagnosis of personality psychopathology.

teaches 200- and 300-level psychology subjects to undergraduate students in the area of Personality and Psychological Assessment at the University of Sydney.



### Speaker Publications:

1. Mikaela Milinkovic; Niko Tiliopoulos; A systematic review of the clinical utility of the DSM-5 section III alternative model of personality disorder; April 2020; <https://www.researchgate.net/publication/340897081>

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### Biography:

Ms. Milinkovic is an early-career researcher currently in her second year of her doctoral research at the University of Sydney and has completed a Bachelor of Psychological Science(Honours) at the University of Wollongong. Mikaela