



## Abdominoplasty after pregnancy: Current practical controversies

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### Abstract

Frequently, abdominoplasty is done after women complete childbearing. The main indications for abdominoplasty include: abdominal skin excess, striae, and musculofascial laxity. There are many techniques of abdominoplasty including: standard wide undermining and vertical plication of the rectus fascia with liposuction of the flanks, abdominoplasty with liposuction of the abdomen and minimal midline undermining, abdominoplasty with removal of deep fat from the upper abdomen, circumferential abdominoplasty, and mini- abdominoplasty. Currently, abdominoplasty is the sixth most common cosmetic procedure; however, a controversy remains regarding indications of abdominoplasty, proper preoperative preparation, choice of the appropriate surgical technique, choice between limited and full dissection abdominoplasty, operative techniques for proper positioning of umbilicus and scar, postoperative management, and strategies to prevent postoperative complications. Herein, we try to highlight the current practical controversies regarding preoperative, intraoperative, and postoperative management during abdominoplasty after pregnancy.

### Biography:

Shaker Yehia Shaker Ibrahim, he graduated in 2008 from faculty of medicine at minia university he was completed master degree in plastic surgery under title : "5mm safety margin in B.C.C" he is working in his own clinic "S.H.E clinic" and performed alot of plastic surgery and he interested especially in abdominoplasty surgery recently my major areas of experience are laser feild and teaching courses. 20th European Dermatology Congress April 29-30, 2020 Prague, Czech Republic Abstract Citation:

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