

## Alchemical Chinese medicine in a modern day practice: Why you should consider an alchemical approach in your clinical practice



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### Abstract

Alchemy may be a fundamental aspect of early Chinese Medicine. Famous master healers of antiquity like Ge Hong and Sun SiMiao developed Alchemical healing techniques that specialize in realizing a being's full potential instead of simply healing illness.

Alchemical Healers are agents for change. They facilitate this alteration through presence, and that they engage the level. They operate within the realm of the patient's already existing perfection and witness patients discovering that perfection in themselves.

This Webinar introduces you to the sensible use of Alchemy during a modern-day Chinese Medicine practice. This includes clinical applications such as:

- Sun SiMiao's 13 Ghost Points
- Ma DanYang's 12 Starry Sky Points
- The 9 Stages of Alchemy (based on Ge Hong's theories as taught by Dr. Jeffrey Yuen)
- The Grieving Treatment as taught by Dr. Jeffrey Yuen
- Healing Heart Pains as taught by Dr. Jeffrey Yuen
- J.R. Worsley's Internal and External Devils/Dragons

The results of these treatments in patients is that the transformation of stubborn and mysterious diseases (auto-immune, chronic Lyme, mental disease, congenital diseases among others) through the discharge of blocks that result from trauma and long-term difficulties in life. The patients undergo a big transformation that brings a greater understanding (and forgiveness) of their own temperament, motivations, and purpose in order that they will fly in their lives. While these treatments are available and sometimes discussed as theoretical approaches, the incorporation of them into modern practice remains advanced and mysterious. Leta Herman takes a step-by-step approach to the sensible application of those techniques. The reasons to think about Alchemy in your practice are for your own self-cultivation through Chinese Medicine. As you incorporate these practices into your clinical practice, you transform alongside your patients. This is often the walk of the Alchemical practitioner. What types are practitioners are you? Are you a Technician, Teacher, and Alchemist. If you're fascinated with the level of points, the treatment of heart pains (that may or might not have somaticized within the body as real pain), or are motivated day-to-day by the transformation your patients undergo as they receive regular treatment, you'll be the Alchemist type.

### Biography

Leta Herman is an Alchemical Healer, Chinese Medicine teacher, Podcast host of the Inspired Action Podcast, as well as author of *Through the Mystery Gate*, *The Energy of Love*, *Connecting Your Circle*, and the BIG "Little" Gua Sha Book. She is the co-founder of the Alchemy Learning Center ([AlchemyLearningCenter.com](http://AlchemyLearningCenter.com)), an educational community that offers online classes and live events related to *The Five Elements*, *The Nine Palaces*, and *Alchemy*. She has immersed herself in the philosophies of Daoism, Alchemical Healing, and Chinese Medicine for over twenty years. She is a long-time student of Master Jeffrey Yuen, an 88th generation Daoist priest and Chinese Medicine master. She is also a graduate of Eliot Cowan's Plant Spirit Medicine studies program and has studied intensively with well-known teachers and former students of J.R. Worsley.



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