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### **Short Communication**

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# An Assessment of Methodological Quality of Systematic Reviews of Acupuncture and Related Therapies for Cancer-Related Pain

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#### **Abstract**

**Purpose:** The purpose of this study is to summarize and evaluate the methodological quality of systematic reviews and meta-analyses papers on the acupuncture and related therapies for management of cancer-related pain.

**Methods:** A comprehensive search on multiple databases was performed using Assessing the Methodological

Quality of Systematic Reviews (AMSTAR).

Results: Fourteen systematic reviews published between 2005 and 2017 were eligible for inclusion. The consensus across the included reviews was that acupuncture and related therapies alone did not have superior pain-relieving effects as compared with analgesic administration using various validated pain scales. However, as compared with analgesic administration alone, acupuncture and related therapies plus analgesics resulted in

Reduced cancer related-pain.

Conclusion: The study findings emphasized that acupuncture and related therapies alone did not have clinically significant effects at cancer-related pain reduction as compared with analgesic administration alone. Clinicians may consider acupuncture and related therapies as adjunctive therapies for cancer-related pain management, in particular, when pain control is unsatisfactory under analgesics alone. Furthermore, the researchers should

Conduct the SRs and meta-analyses according to the Amstar and Prisma.

### **Biography:**

Huda Anshasi has completed her PhD at the age of 29 years from The University of Jordan from School of Nursing. Her specialty is palliative care and pain management among patients with cancer. She has published many papers in reputed journals.

